



Attachment and Trauma-Focused Training for Mental Health Professionals (ATFT-MH)



Upcoming Training Series Dates
February 26 - March 26
(Wednesdays and Fridays Only)
9 am - 4 pm CST

Learn to heal attachment wounds & trauma in children.

Early experiences within attachment systems form the threads that weave the fabric of every human being. A safe and secure attachment system builds resilience for a lifetime while attachment traumas and toxic stress can erode mental and physical health and well-being.

The Attachment and Trauma-Focused Training for Mental Health Professionals (ATFT- Mental Health) is an 80-hour, post-graduate online certification course designed to build the capacity of mental health practitioners to repair childhood attachment wounds and trauma. The course includes 40 of preparatory reading of current curated literature plus reviewing practical videos and 40 hours of live, online instruction.

Deborah Gray, MPA, LICSW, an expert in attachment, grief, and trauma issues in children and author of Promoting Healthy Attachments: Hands-on Techniques to Use with Your Clients; Attaching Through Love, Hugs, and Play; Games and Activities for Attaching with Your Child; Attaching in Adoption; and Nurturing Adoptions: Creating Resilience After Trauma and Neglect, developed the course for ATTACH.

Prerequisite:	To enroll in the ATFT- Mental Health Certification Course, participants must have a Doctorate or Master’s degree in psychology, social work, or another license in a mental health related field.
Time:	9:00 am – 4:00 pm (CST)
Online Dates:	(Wednesdays and Fridays Only) Friday, February 26, 2021 Wednesday, March 3, 2021 Friday, March 12, 2021 Wednesday, March 17, 2021 Friday, March 26, 2021
Cost:	\$1200 non-members / \$1000 members
Registration:	https://tinyurl.com/ATFTMH

Should you have questions, contact ATTACH at training@attach.org. For upcoming online trainings, recorded workshops, and other educational resources, visit us online at www.attach.org.

ATTACH - Teaching the World to Heal.

About the Attachment and Trauma-Focused Training for Mental Health Professionals (ATFT- Mental Health)

Phase One of the course includes 40 hours of preparatory reading of current curated literature and a review of practical videos. **Phase Two** consists of 30 hours of live, online instruction. In **Phase 3**, participants will come together for three 2-hour sessions to discuss knowledge translation into practice and case studies.

Online Instruction: The second phase includes online instruction in the areas of attachment, regulation, trauma, maltreatment, and grief, as well as brain development inherent in these factors. This phase also explores theory, research, model programs, techniques for intervention, transference, and counter-transference.

Online Practicum: Emphasis on therapy skill development in which participants will incorporate attachment and trauma work into their practice models. Role-plays and case approaches will be discussed through practice with case studies provided and those offered by participants.

Theory and practice will be interwoven to provide a balanced and enjoyable day online. Some case studies will be provided with the workbook and readings. Participants are also encouraged to prepare a case study.

There will be a 1-2 hour preparatory Zoom call, so we can get to know each other, to answer any questions, and address any problems. This will be about 2 weeks before the course begins.

Following the online course, there will be three 2-hour group discussions pertaining to the implementation of the work and participants' case presentations. These will be monthly, and the dates will be determined by consensus at the end of Day 5. These 6 hours are part of the 80-hour course curriculum and are required.

Course Instructor



Mary-Jo Land

Registered Psychotherapist

Mary-Jo Land is a Registered Psychotherapist in private practice in southern Ontario. She specializes in facilitating attachment and resolving trauma in children and works in the adoption, child welfare, and war-affected communities. Mary-Jo writes and teaches extensively. Her free video series on attachment, trauma, and parenting can be found at maryjoland.ca/when-we-are-very-young. She is the author of *Caring Together*, a guide for parents, foster parents, and adoptive parents of children who are in care, available on Amazon.com.

ATFT Training Outcomes/Benefits

- Hands-on training by a nationally recognized Certification Program
- a certificate of completion
- a one-year membership as an ATTACH Registered (Member Details: www.attach.org)
- Clinician referrals from ATTACH to your practice
- listing on the ATTACH website
- Member workshops and events at no additional cost
- 80-hours Continuing Education Credits

Register for the Training Today:
<https://tinyurl.com/ATFTMH>