The Association for Training on Trauma and Attachment in Children (ATTACH) is excited to offer new groundbreaking programs for youth and young adults across the nation and internationally.

These programs will focus on the development of skills and supports they need to support recovery, master mental health challenges while reducing the negative impact of those challenges on what matters most to them--relationships, school success, recreational activities, health and wellness, daily living, early career experiences as well as youth and young adult leadership.

Youth and young adults are powerful agents of change. Our new focus areas include:

- A Youth/Young Adult Track at the Annual Conference
- Parenting Workshops Focused On Parenting Youth And Young Adults
- A Monthly Support Group – Second Wednesday
- Webinars With Youth Presenters
- Adding a Youth/Young Adult as an ATTACH Board Member