



# Training Catalog



[www.attach.org/training](http://www.attach.org/training)

## Hope for Healing

Why Do Children Act Like This? Learn to improve the well-being and lives of children and families. With humor, grace, and researched neuroscience, instructor, ATTACH Executive Director Mary M. McGowan, will help bring hope for healing to the children and youth in your care. You'll learn about adult and child attachment styles, arousal levels linked to survival mechanisms in the brain, behaviors associated with attachment difficulties and developmental trauma, and strategies for attachment-focused parenting and teaching. The Association for Training on Trauma and Attachment in Children (ATTACH) invites you to join us for Hope for Healing, an intensive attachment training series for parents that provides evidence-based insight for those struggling with problem behaviors.

WHO SHOULD ATTEND	Parents, Professionals Who Are Parents
HOW OFFERED	Live, Online (Zoom)
CEs AVAILABLE	No
TRAINING LISTING	<a href="https://attach.org/training/">https://attach.org/training/</a>
CONTACT	<a href="mailto:training@attach.org">training@attach.org</a>

## SERIES PART 1: Valuing Sibling Relationships

The sibling relationship is unique among all our relationships in life. Sibling relationships are essential to children, and the maintenance of sibling ties can nurture a sense of stability and continuity. For siblings in foster care, the bonds are often shaped and challenged by separation. This interactive workshop addresses the importance of the sibling bond, strategies for keeping siblings together in placement and in permanence and tips for parents when helping siblings maintain their bonds if they have been separated.

WHO SHOULD ATTEND	All Parents
HOW OFFERED	Live, Online (Zoom)
CEs AVAILABLE	No
TRAINING LISTING	<a href="https://attach.org/training/">https://attach.org/training/</a>
CONTACT	<a href="mailto:training@attach.org">training@attach.org</a>



## SERIES PART 2: Shifts in Sibling Dynamics

What about me? How existing children are impacted when a foster, adopted or another child is brought into the family. Bringing a new child into your home when there are already one or more children in the home presents tricky waters to navigate. Some kids have more baggage, other kids have more stuff. Raising children together can create interesting and at times challenging dynamics for caregivers. This workshop will help caregivers do their own internal work related to expectations of family and family relationships, prepare children already in the home to welcome new foster or adoptive siblings and navigate the ongoing challenges and dynamics of the blended “new normal” within their family.

WHO SHOULD ATTEND	All Parents
HOW OFFERED	Live, Online (Zoom)
CEs AVAILABLE	No
TRAINING LISTING	<a href="https://attach.org/training/">https://attach.org/training/</a>
CONTACT	training@attach.org

## Treating Developmental Trauma and Attachment in Children

Children who have been separated from primary attachment figures require support for grief and loss. Mitigating grief and loss through therapy and systems work (maintain placement stability, reducing losses, maintaining connections through access and openness) is explored. There will be several special topics covered, some by guest speakers, including residential treatment, childhood violence in the home, sexual orientation and gender identity in children, racism and identity formation, historical and intergenerational trauma, and cultural safety. The course will wrap up with a focus on safe and effective use of self and self-care for mental health practitioners.

**Treating Developmental Trauma and Attachment in Children (TDTAC)** is a post-graduate level course for mental health professionals in the fields of child welfare, children’s mental health and adoption/permanency. It combines the recent research on Interpersonal Neurobiology with the physiological and relational practices. The course will focus on the current thinking about childhood developmental trauma through the lenses of attachment and trauma. Current terminologies and schools of thought including Developmental Trauma and ACEs will be explored. Attachment theory, theories of trauma and interpersonal neurobiology will be explored in parallel with current psychotherapeutic modalities and techniques including on sensory, somatic, and brain-based traumagenic differences.

WHO SHOULD ATTEND	Mental health and other professionals in the fields of child welfare, children’s mental health and adoption/permanency and related areas
HOW OFFERED	Live, Online (Zoom)
CEs AVAILABLE	Yes (Note: After completion, participants are eligible to register as an ATTACH mental health clinician.)
TRAINING LISTING	<a href="https://attach.org/training/">https://attach.org/training/</a>
CONTACT	training@attach.org



## The Level 1: OT/OTA Attachment and Trauma-Focused Training Series

Build your expertise in pediatric trauma and attachment. Child abuse and trauma in the U.S. and globally is on the rise, and so is the need for highly skilled Occupational Therapists (OTs) and Occupational Therapy Assistants (OTAs) trained to effectively treat a child living with the after-effects of trauma, violence, or neglect. **The Level 1: OT/OTA Attachment and Trauma-Focused Training** is a peer-developed, expert-led professional training that initiates the bridge for OTs and OTAs with the education, training, research, and resources needed to offer trauma informed care in pediatric occupational therapy. This workshop is the first tier of coursework to be completed for an OT trauma and attachment certificate. It is the requirement to enter the second tier discussing assessment more in-depth, and the third tier which will focus on intervention. In this workshop, participants learn about a therapist's role in attachment and trauma informed care, recent research, diverse approaches of theorists, and the occupational function needed to help a developing child grow into the different roles across multiple settings. Instructors will orient participants to different evidence-based techniques to care for the pediatric client, including the theory of sensory integration practice and developmental as well as care team collaboration strategies.

WHO SHOULD ATTEND	Occupational Therapists
HOW OFFERED	Live, Online (Zoom)
CEs AVAILABLE	Yes
TRAINING LISTING	<a href="https://attach.org/training/">https://attach.org/training/</a>
CONTACT	<a href="mailto:training@attach.org">training@attach.org</a>

## LEVEL 2: Occupational Therapy Assessment for Attachment and Trauma

The LEVEL 2: Occupational Therapy Assessment for Attachment and Trauma Training Series brings to the Occupational Therapy profession a compendium of formidable Occupational Therapists in the field of pediatric and family care. Participants are required to have completed the prerequisite, LEVEL 1: Occupational Therapy Attachment and Trauma Training Series through ATTACH prior to registering for this course. Participants receive an OT Registered Membership with successful completion of Level 2.

WHO SHOULD ATTEND	Occupational Therapists with Level 1 Completion Certificate
HOW OFFERED	Live, Online (Zoom)
CEs AVAILABLE	Yes
TRAINING LISTING	<a href="https://attach.org/training/">https://attach.org/training/</a>
CONTACT	<a href="mailto:training@attach.org">training@attach.org</a>



## LEVEL 3: Occupational Therapy (OT) Intervention for Attachment and Trauma Training Series

In the **Level 3: Occupational Therapy – Attachment and Trauma in Practice** series, small groups engage intensively in theory, the deeper impact of trauma and attachment, and participant case studies. Participants will receive a template to support information sharing. Scores are derived according to a rubric at the end of the course with an emphasis on growing one’s understanding, not on pass/fail. Upon completion of Level 3, ATTACH will acknowledge the participant’s full completion of the training with a certificate.

<b>Location</b>	Online
<b>Target Audience</b>	Occupational Therapists
<b>Educational Level</b>	Advanced
<b>Prerequisites</b>	Completion of ATTACH OT Training Series: Level 1 and Level 2
<b>Instructional Methods</b>	Lecture, recordings, case studies
<b>Cost</b>	\$700 members / \$750 non-members
<b>Registration</b>	<a href="https://attach.org/training/">https://attach.org/training/</a>
The capacity of this intensive training series is limited to 12 persons per group.	

### New Trainings – Coming in 2023

- The Impact of Family Violence on Children and Youth
- Therapeutic Parenting