



Teaching the World to Heal

# HOPE FOR HEALING

Upcoming Training

August 8, 10, 15

7pm-9pm CT

COST:

Parents - Members \$50 / Non-Members \$75

Professionals - Members \$90 / Non-Members \$100

**FREE for Parent/Caregiver Residents of Minnesota 7-County Metro Area (Ramsey, Hennepin, Washington, Dakota, Anoka, Carver, Scott)**

## Why Do Children Act Like This?

The Association for Training on Trauma and Attachment in Children (ATTACH) invites parents and professionals to join us in a special training, **Hope for Healing**. This intensive attachment training provides evidence-based insight for those struggling with problem behaviors. With humor, grace, and researched neuroscience, instructor, Sue Badeau, will help bring hope for healing to the children and youth in your care. You'll learn about adult and child attachment styles, arousal levels linked to survival mechanisms in the brain, behaviors associated with attachment difficulties and developmental trauma, and strategies for attachment-focused parenting and teaching.

**RESIDENT OF MINNESOTA?** Thanks to a generous grant from Sauer Foundation, this course is being offered for free to parents and caregivers residing in Minnesota. Contact us to register and attend for free!



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**Sue Badeau** is a nationally known speaker, author, and child welfare and trauma expert with 35 years' experience. She is a child welfare and juvenile justice consultant for agencies, court systems and universities, with a focus on trauma, development, and family and your engagement. A graduate of Smith College with a degree in education, Sue and her husband are lifetime parents of 22 children, 20 adopted from foster care.

## Outline

- Attachment and Attachment Theory
- Attachment across generations
- Attachment, developmental trauma, and the brain
- Loss and grieving
- Behavioral outcomes of developmental trauma, neglect, and early separations
- Attachment-focused parenting
- Supporting your child in the school system

## Learning Objectives

- Define attachment - both adult and child styles
- Describe the intergenerational relationship of attachment styles
- Identify personal triggers for anger/fear/rejection
- Describe Window of Tolerance and arousal levels associated with survival mechanisms in the brain.
- Describe the losses felt by parents and children
- Understand the relevance of grief in the lives of those affected by trauma and loss
- Describe the behaviors associated with attachment difficulties and developmental trauma
- List five strategies of attachment-focused parenting
- Identify five strategies that are helpful for schools

Register: <https://attach.regfox.com/hope-for-healing-august-2023>



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