



# HOPE FOR HEALING

Trauma- and attachment-focused training for parents and caregivers.

## WHY DO CHILDREN ACT LIKE THIS?

ATTACH invites parents and caregivers to join us in a special training, **Hope for Healing**. This intensive attachment training provides evidence-based insight for those struggling with problem behaviors. With humor, grace, and researched neuroscience, the ATTACH team will help bring hope for healing to the children and youth in your care. You will learn about adult and child attachment styles, arousal levels linked to survival mechanisms in the brain, behaviors associated with attachment difficulties and developmental trauma, and strategies for attachment-focused parenting and teaching.

## LEARNING OBJECTIVES

### Define

- Define attachment - both adult and child styles

### Intergenerational Relationships

- Describe the intergenerational relationship of attachment styles.

### Triggers

- Identify personal triggers for anger/fear/rejection

### Window of Tolerance

- Describe Window of Tolerance and arousal levels associated with survival mechanisms in the brain.

### Loss and Grief

- Describe the losses felt by parents and children.
- Understand the relevance of grief in the lives of those affected by trauma and loss.

### Behaviors

- Describe the behaviors associated with attachment difficulties and developmental trauma

### Strategies

- List five strategies of attachment-focused parenting
- Identify five strategies that are helpful for schools



## WHO SHOULD ATTEND

Parents, Caregivers, Clinicians, Teachers and other professionals working with children and families.

## COST

- Parents -
  - Members \$15
  - Non-Members \$30
- Professionals
  - Members \$50
  - Non-Members \$75

TRAINING AVAILABLE IN SPANISH  
UPON REQUEST



**SUE BADEAU**  
Trainer, Consultant,  
Parent



**MARY MCGOWAN**  
ATTACH Executive  
Director



**ANDREW VINCENT**  
ATTACH Training &  
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OUR TRAINERS

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