

#### ASSOCIATION FOR TRAINING ON TRAUMA AND ATTACHMENT IN CHILDREN

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#### Meeting Minutes 2024 Conference Committee Kickoff January 18, 2024 10:00am-12:00pm Mountain Time

#### Attended:

Darlene Brace-TorresAllison DayMarySharon CacciatoTerry LevyStaceErin CoughlinMansi V. LakhyaniAmy IJill CrewesChris MarkovRandaJerald CrummySyd MartinSama

Mary McGowan Stacey Notch Amy Peterson Randall Radetsky Samantha Radetsky Shelli Rose Warrick Stewart Alex Wolff

## • Overview

- Mary provided an overview of the conference experience, tracks, keynote speakers, and venue.
- We will not have a youth track, but we are welcoming lived-experience speakers for other tracks.
- Suggestion was made to include transportation info in marketing.
- Topics
  - We have a Lived Experience panel and a Youth Panel scheduled.
  - We discussed topics for presentations.
    - Integrative Care
    - Trauma & Executive Dysfunction
    - Panel with couples with different attachment & communication styles
    - Adult children of narcissistic parents
    - Grief & Loss
    - Ambiguous Loss,
    - Autism & Neurodiversity
    - Teen Mental Health & Suicide
    - Marriage, Relationships for people with children and extended families with trauma and attachment issues
    - Dads Panel
    - Juvenile Justice
    - Multifaith Panel
    - Yoga & end of day restoration / self-care

## January 18, 2024 ATTACh Conference Committee Meeting Minutes

## • Committee Members

- We discussed who we still need to get involved in the committee.
  - Parent(s)
  - Child Welfare
  - Child & Youth Mental Health Treatment Representative

# • Sub-Committees

- Amy presented her idea of a Playroom.
- The group had the opportunity to sign up for sub-committees.
- Next Steps
  - Group agreed to meet at 8am MT on the 4<sup>th</sup> Friday each month.
    - Stacey will send meeting invitation to group.
  - Group to reach out to connections.
    - Donations for silent auction
    - Sponsorships
    - Encourage attendance / get the word out.
    - Stacey will provide link to access various documents.
  - Sub-Committee members to work together on plans and present updates at next conference committee meeting.
  - o Review Proposals
- Action Items We will keep a running list of actions to help facilitate future discussions. The following are from notes from our first meeting:

Action	Responsible	Status
Look into info from Child & Youth Mental Health	Samantha R.	
Treatment Act		
Reach out to contacts on Child Welfare	Jill C.	
Check into Kids Crossing	Sharon C.	
Connect on Rocky Mountain Health Plan for involvement	Chris M.	
Find connections with local TV for conference promotion	Erin C., Jill C.	

### **Sub-Committees**

Sub-Committee Name	Signed Up
Parent & Caregiver	Jill Crewes
	Erin Coughlin
Networking Opportunities	Sharon Cacciato
	Darlene Brace
Welcome Reception	Amy Peterson
	Dr. Warrick Stewart
	Chris Markov
Playroom	Amy Peterson
	Allison Day
	Jill Crewes
	Mansi V. Lakhyani
	Shelli Rose