

FROM TRAUMA TO TRIUMPH: A MOM'S MISSION WITH NEUROFEEDBACK



In this captivating memoir, Dianne Kosto embarks on a relentless journey to help families overcome the challenges caused by brainwave dysregulation. Driven by the knowledge that neurofeedback saved her son's life, she is on a mission to make this transformative solution accessible to all.

Join Dianne as she shares her personal experience and unveils a better way to change your family's trajectory. Discover the power of Neurofeedback, embrace a path of hope and healing, and transform the lives of those affected by poor focus, anxiety, impulsivity, problems with cognition, and many other mental health challenges.



DIANNE
KOSTO



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From Trauma to Triumph: A Mom's Mission with Neurofeedback is truly a triumphant story of the tenacity and fortitude of a mother's desire to help her child. This is a 'must read' for anyone who needs or wants to learn about neurofeedback and its invaluable application for brain regulation. Dianne's journey and practical explanations about neurofeedback ignited my interest and hope for the future of neurodevelopment in kids and adults everywhere!

Crystal Collier, PhD, LPC-S
Author of The NeuroWhereAbouts Guide

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