



ATTACH
Teaching the World to Heal

2024 ANNUAL CONFERENCE PROGRAM

Connect to
ATTACH:
Healing Through
Awareness

SEPTEMBER 12-14, 2024
HYATT REGENCY
AURORA-DENVER
CONFERENCE CENTER

Association for Training on Trauma and
Attachment in Children

www.attach.org

SCHEDULE

AT A GLANCE

THURSDAY SEPTEMBER 12

7:30 AM	REGISTRATION OPENS
8:00 AM	EXHIBIT HALL OPENS
8:30 AM - 10:00 AM	WELCOME & OPENING KEYNOTE
10:15 AM - 11:45 AM	SESSION 1 WORKSHOPS
11:45 AM - 1:00 PM	LUNCH BREAK (ON YOUR OWN)
1:00 PM - 2:30 PM	SESSION 2 WORKSHOPS
2:30 PM - 3:00 PM	AFTERNOON BREAK
3:00 PM - 4:30 PM	SESSION 3 WORKSHOPS
4:45 PM - 5:30 PM	PARENT/CAREGIVER DEBRIEFING
5:00 PM	EXHIBIT HALL CLOSES
5:30 PM	WELCOME RECEPTION

FRIDAY SEPTEMBER 13

7:30 AM	REGISTRATION OPENS
8:00 AM	EXHIBIT HALL OPENS
8:30 AM - 10:00 AM	FRIDAY KEYNOTE
10:00 AM - 10:15 AM	MORNING BREAK
10:15 AM - 11:45 AM	SESSION 4 WORKSHOPS
11:45 AM - 1:00 PM	LUNCH (PROVIDED) & PANEL DISCUSSION
1:00 PM - 2:30 PM	SESSION 5 WORKSHOPS
2:30 PM - 3:00 PM	AFTERNOON BREAK
3:00 PM - 4:30 PM	SESSION 6 WORKSHOPS
4:45 PM - 5:30 PM	PARENT/CAREGIVER DEBRIEFING
5:00 PM	EXHIBIT HALL CLOSES
6:00 PM - 8:00PM	PARENT/CAREGIVER SOCIAL EVENT

SATURDAY SEPTEMBER 14

7:30 AM	REGISTRATION OPENS
8:00 AM	EXHIBIT HALL OPENS
8:30 AM - 10:00 AM	SESSION 7 WORKSHOPS
10:00 AM - 10:15 AM	MORNING BREAK
10:15 AM - 11:45 AM	SESSION 8 WORKSHOPS
11:45 AM - 1:00 PM	LUNCH (ON YOUR OWN)
1:00 PM - 2:30 PM	SESSION 9 WORKSHOPS
2:30 PM - 3:00 PM	AFTERNOON BREAK
3:00 PM	EXHIBIT HALL CLOSES
3:00 PM - 4:30 PM	CLOSING KEYNOTE

ATTACHment Heals

36TH ANNUAL ATTACH CHILDHOOD TRAUMA
AND ATTACHMENT CONFERENCE
SEPTEMBER 12 - 14, 2024 | DENVER, CO



Mary M. McGowan
ATTACH, Executive Director
Minneapolis, MN

WILL YOU BE JOINING US?

Excitement is building as we finalize plans for a comprehensive program, rich with information, insights, research, resources and fun!

For the first time ever, we are adding a Medical Track with leaders in the field from Anschutz Medical Campus to Tufts University and more. CMEs will be available, so spread the word.

THIS IS NOT AN ORDINARY CONFERENCE!

This is a unique opportunity to deepen your knowledge and understanding of the many nuances of trauma and attachment.

To get the most out of your conference experiences, we encourage you to meet new people, expand your network, share what you're learning, ask what you're still wondering, and leave with the skills, tools, and resources to apply in your work, home, and community.

You can also take advantage of fun and relaxation as we've planned a welcome reception, social networking events, morning yoga, live and silent Parent & Caregiver Scholarship auctions, and onsite music. And - don't miss the opportunity to enjoy some of the hotel amenities and explore the Denver area.

Special thanks to the conference committee, board of directors, staff members and volunteers for assistance in planning and hosting this year's conference. We also acknowledge and thank our conference sponsors, exhibitors, and advertisers for their support and partnership. You make our conference possible!

It is time to collectively tackle the need to shift how we approach children and young people. Let's join efforts in making true change and healing for those that have been impacted by trauma and disruptions in attachment.

With renewed energy and hope,



Board of Directors

Sue Badeau | Philadelphia, PA

Araceli Salcedo | El Paso, TX

Nicole Fuglsang | Lake Ozark, MO

Gail Curran | Wyoming, RI

Tom Jones | Wyndmere, ND

Maude Le Roux | Glen Mills, PA

Danette Smith | Lincoln, NE

Tracy R. Johnson | New Braunfels, TX

Gaelin Elmore | Minneapolis, MN



PROFESSIONAL ATTENDEES:

Register by May 15, 2024 to receive a \$100 discount on your registration fee (applies to Full Conference only).

CONFERENCE HOTEL DISCOUNT:

Reserve a room at one of the conference hotels and receive a 20% discount on registration fees listed on this page ATTACH

[RESERVE YOUR ROOM HERE!](#)

Group Discount

20% DISCOUNT
WHEN REGISTERING
GROUPS OF 5 OR MORE
FROM ONE AGENCY.

EMAIL US AT
CONFERENCE@ATTACH.ORG

Scholarships

FULL AND PARTIAL PARENT & CAREGIVER SCHOLARSHIPS ARE AVAILABLE.

FOR MORE INFORMATION:

ATTACH.ORG/2024-CONFERENCE/

Registration Fees and Information

	ATTACH Member	Non-Member
Full Conference Professional (Three Days) September 12-14	Regular Rate \$595	Regular Rate \$645
Two Days Professional September 12-14	Regular Rate \$495	Regular Rate \$545
One-Day Professional Select one day: Thursday, Friday or Saturday	\$325	\$375
Student/CASA Rate Students must provide proof of current enrollment in psychology, social work, or similar field.	Per Day \$125	
Parent / Caregiver Rate Must be current parent(s) of child with trauma and attachment issues. This option is not eligible for CE credits..	Per Day \$100	Per Day \$120

**The cost of the hotel is not included with your registration fees. Travel accommodations are not included with your registration fees and must be arranged separately by the attendee. We provide a lower negotiated reservation cost for those that are attending the event, and we offer a reduced conference registration fee for those staying at one of our host hotels.*

CANCELLATION POLICY: A \$50 handling fee will be deducted from refund for cancellation made by August 11, 2024. No refunds will be made for cancellations on or after August 12, 2024.



Building a better future for health care

We're dedicated to helping children, youth and families live healthier lives and making the health system work better for everyone — one insight, one connection, one person at a time.

Thank You

To Our Sponsors

ATTACH extends heartfelt appreciation to our esteemed sponsors for their unwavering support of our largest annual conference. Your dedication to our cause of promoting awareness of trauma and attachment disorders in children and teens, and empowering caregivers and professionals to facilitate healing, is truly commendable.

At ATTACH, we believe in a comprehensive approach to healing that transcends temporary solutions. Together, we're forging a path towards long-term healing and transformation for children and teens in need.

Whether you're a parent, professional, or caregiver, your support and involvement make a significant difference in the lives of these young individuals. Join us at ATTACH today and be a part of the positive change in our communities.

Thank you once again to our sponsors for your invaluable contribution to our mission. Your partnership strengthens our resolve to create a brighter future for those we serve.

SPECIAL THANKS

to the
2024
Conference
Committee

David Allen, Centene

Jules Alvarado, Alvarado Consulting

Darlene Brace-Torres, Inner City Health Systems

Kimberly Bryan, Roots Family Healing

Sharon Cacciato, Unyte

Erin Coughlin, Evergreen Psychotherapy

Jill Crewes, All God's Children

International Allison Day, Pueblo

Pediatric Therapy Center

Joseph Kleman, Omni Cube

Terry Levy, Evergreen Psychotherapy

Lakhyani Mansi V., University of Denver

Chris Markov, Optum Behavioral Health

Syd Martin, Children's Hospital

Mary McGowan, ATTACH

Stacey Notch, ATTACH

Amy Peterson, Center for Attachment and Trauma

Services, Inc.

Randall Radetsky, Evergreen Psychotherapy

Samantha Radetsky, All Health

Shelli Rose, Private Practice

Warrick Stewart, The Recovery Centers USA

Alex Wolff, Colorado Office of the Child's

Representative

Noemi Contreras, ATTACH



ROCKY MOUNTAIN
HEALTH PLANS®

A UnitedHealthcare Company

CENTENE®
Corporation



calo
TRUST RESTORED



The James Barry-Robinson Institute

unyte

Nexus
FAMILY HEALING



White River
ACADEMY



ASPIRE DAY SCHOOL



Special Events

Meet Sponsors & Exhibitors

8:00 am - 5:00 pm Thursday, Friday, & Saturday
Find out more about their programs and services. Register for prizes!

Open Yoga Classes

Led by a trauma informed yoga instructor
7:00 am - 7:45 am
Friday, September 12
Saturday, September 13
All Levels Welcome!

36th Annual Welcome Reception

Thursday, September 12 5:30 pm | Hyatt Regency
Celebrate 36 years of serving communities and parents with ATTACH! Share food and cocktails (cash bar), networking, and conversation with colleagues, peers, and parents. Enjoy music and a silent auction. All proceeds go toward parent scholarships.

Debriefing Session for Parents

Thursday, September 12 and Friday, September 13 4:45 pm - 5:30 pm
Reflect on what you've learned with other parents. Think of it like a post-session support group.

Sensory Room Featuring the OmniCube

Immerse yourself in an unparalleled sensory experience at our conference's exclusive Omni Cube Sensory Room! Designed to captivate and invigorate your senses, this innovative space offers a sanctuary of relaxation and rejuvenation amidst the bustling event.

Professional Affinity Groups

Thursday, September 12 11:45am-1:00pm
Elevate your networking experience at our lunchtime Professional Affinity Group meetings. Connect with like-minded professionals, share insights, and foster meaningful connections.

Parent & Caregiver Night Friday

September 13 6:00 pm - 8:00 pm
For Parents & Caregivers Only! Take advantage of your time away from the kids - enjoy a self-care night with fellow caregivers! Dinner, Networking, Giveaways! Games! Food and non-alcoholic beverages provided. Cocktails available for purchase.

Playroom

Designed by adults for adults. Release your inhibitions. Explore. Have fun together. Be silly. Be competitive. Be collaborative. Be you! Mindfully choose activities to help you upregulate or downregulate. Engage with others and your inner child using various play structures, materials, and games.

Keynote Speakers

AND PLENARIES

THURSDAY OPENING KEYNOTE
8:30 AM - 10:00 AM

Honoring children and families by centering their empowerment and liberation

Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs

This presentation will highlight the value in attending skillfully to the intersections of trauma and oppression when working with diverse children and families. Relational strategies for supporting healing through activities that emphasize empowerment and liberation will be reviewed, integrating developmental and cultural influences on identity and self-awareness. **Learning Objectives:** 1) Identify the commonalities and differentiations between oppression and traumatic experiences; 2) Recognize how culture influences concepts of development and identity formation; 3) Identify relational strategies for supporting connection and healing through activities emphasizing empowerment and liberation; 4) Recognize the value in supporting guardians, caregivers, and parents in their relationships with their children as a strategy for disrupting oppression.

*Lou Felipe, PhD (she/they) is an Associate Professor and Interim PsyD Program Co-Director at University of Denver's Graduate School of Professional Psychology. As a practicing clinical psychologist licensed in Colorado and California, Lou's work focuses on offering comprehensive clinical care of trauma- and stress-related disorders, with a focus on the culturally sensitive treatment of children and adults who have experienced abuse, neglect, and other forms of maltreatment. Active in the Asian American Psychological Association, Lou serves as the finance officer for two divisions within the AAPA: The Division on Women and the Division on Filipinx Americans. Lou's research examines the intersectional identity experiences of marginalization, particularly at the intersection of race, ethnicity, gender, and sexuality with unique expertise in Filipinx American psychology and internalized oppression. Recently, Lou co-edited a clinical training book, *Clinical Interventions for Internalized Oppression*, which was released in June 2022 and is working on another book, *Queer Asian Americans: A Practitioner's Guide for Working with LGBTQ+ Asian American Communities*.*

Lou identifies as a queer, nonbinary, second generation, able-bodied Pilipinx American of Tagalog ancestry and was born on the unceded land of the Ohlone people (northern California). Currently, Lou lives on the unceded land of the Arapahoe, Ute, and Cheyenne nations, known presently as Colorado. Lou enjoys time with their spouse and family, creative endeavors, cooking, being outdoors, reading, and playing word games.



Dr. Lou Felipe

University of Denver,
Director of Clinical
Training

Keynote Speakers

AND PLENARIES

FRIDAY MORNING KEYNOTE

8:30 AM - 10:00 AM

Nostalgia, the Pain of Going Home: The Ambiguous Grief of Adult Children of Refugees and Immigrants

Children of refugees and former child refugees experience unique challenges in adulthood as a result of the trauma of forced displacement that are often easily overlooked - or even pathologized - by many mental health professionals. Join Linda Thai as she weaves together stories and research to bring to light the intergenerational impact of forced migration. This larger landscape of traumatic grief, traumatic loss, traumatic homesickness and the ambiguity of these unnameable, unmetabolized experiences has a intergenerational impact that needs to be named in order to be healed. **Learning Objectives:** 1) Lateralize the conceptualization of refugees beyond the UNHCR definition to encompass multiple trajectories of displacement; 2) Differentiate between refugees and immigrants; 3) Identify the main stages of a refugee journey and lateralize this to encompass the experiences of other populations that have experienced forced displacement; 4) Explain intergenerational trauma to encompass the impact of forced migration, combined with acculturation and enculturation pressures, upon the next generation; 5) Identify expressions of ambiguous grief, traumatic grief and traumatic homesickness.

Linda Thai LMSW ERYT-200 | she, we | Thái Kim Ngọc 蔡金玉 is a trauma therapist and former child refugee who specializes in brain and body-based modalities for addressing complex developmental trauma. Linda's work focuses on healing intergenerational trauma that is rooted in the historical mass traumatization of war, violence, and displacement, specifically addressing the psychological homelessness of adult children of refugees and immigrants. As an educator and consultant, she is gifted with the capacity to contextualize, synthesize, and communicate complex and nuanced issues pertaining to trauma, attachment, and the nervous system, including the impact of oppressive systems upon identity, mental health and wellbeing. Linda is passionate about breaking the cycle of historical and intergenerational trauma at the individual and community levels, and deeply believes in the healing power of coming together in community to grieve. Born in Vietnam, raised in Australia, and now living in Alaska, Linda is redefining what it means to be Vietnamese, to be Australian, and to be a United States-ian.



Linda Thai

Linda Thai Coaching
& Consulting LLC,
CEO

Keynote Speakers

AND PLENARIES

SATURDAY CLOSING KEYNOTE
3:00 PM - 4:30 PM

Spreading HOPE, Healthy Outcomes from Positive Experiences

This workshop will review the foundations of the HOPE Framework. Attendees will learn about the research behind Positive Childhood Experiences (PCEs), how PCEs interact with Adverse Childhood Experiences (ACEs), the power of the brain to change, and an overview of the Four Building Blocks of HOPE. HOPE centers the child/youth in the work and prioritizes active engagement of those with lived experience in all aspects of service creation, delivery, and evaluation. **Learning Objectives:** 1) Understand the research behind Positive Childhood Experiences; 2) Practice using Type 2 thinking to see strengths first; 3) Review the Four Building Blocks of HOPE and how they promote health and wellbeing.

Robert Sege, MD, PhD, FAAP is a pediatrician and director of the Center for Community-Engaged Medicine at Tufts Medical Center, and a Professor of Medicine and Pediatrics at Tufts University School of Medicine. Dr. Sege is nationally known for his research on effective health systems approaches that directly address the social determinants of health. He has served on the AAP Committee on Child Abuse and Neglect and on the AAP Council on Injury, Violence, and Poison Prevention.



**Robert D Sege, MD,
PhD**

Tufts CTSI, Co-Director,
Community and
Stakeholder
Engagement; Lead
Navigator



The Most Trusted Name in Attachment and Trauma



Calo is the nation's leading residential treatment center specializing in treating and understanding the impact of early childhood trauma..

Experienced and Proven

For over a decade, Calo has created hundreds of successful outcomes for families struggling with developmental trauma. Serving preteens, teen boys, teen girls and emerging young adults.



Conference Schedule

Thursday September 12, 2024

WELCOME & OPENING KEYNOTE: 8:30-10:00 Dr. Lou Felipe Honoring Children and Family by Centering Their Empowerment and Liberation							
TRACK	Parent & Caregiver	Sensory / OT	Intermediate Professional	Advanced Clinical	Multidiscipline	Child Welfare	Foundations
SESSION 1 10:15-11:45	Trust-Based Relational Intervention® (TBRI®) Immersion Experiences <i>Crewes</i>	1-2-3 RESET™: Bridging the Gap for Student Success <i>Schmidt</i>	Ambiguous Loss <i>Goldwater</i>	Addressing Aggression, Harm within the Family and Neurodiversity with Non-violent Resistance Therapy <i>Dulberger, Land, Blau, & Champagne</i>	Birth Trauma and Attachment: Themes and Skills for Professionals <i>White</i>	Evidence-Based Training Reduces Placement Disruption for Prenatally Exposed Kids <i>Moser</i>	Laying a Foundation for Understanding Developmental Trauma and Attachment <i>Badeau</i>
SESSION 2 1:00-2:30	Child Problem Sexual Behaviors: Are Violence and Porn Exposure an Influence? <i>van Tassel</i>	Autism and Trauma <i>Le Roux</i>	Techniques for Healing Attachment <i>Firestone</i>	Integrative Approaches: Creating a Corrective Attachment Experience for Trauma-Affected Children <i>Messina & Beins</i>	Trauma Responsive Approach in Court <i>Lowenbach & Clark</i>		
SESSION 3 3:00-4:30	Fathering In the Trenches <i>Jones & Elmore</i>	Coaching the Caregiver through the DIRFloortime Model <i>Lowell</i>			It's a Girl Thing: Understanding Adolescent Girls... <i>Coddington</i>	Brutal Truth <i>Wynter</i>	

Workshops eligible for NBCC, NASW, AMA/ANCC/ACPE/APA/ASWB except where specifically indicated otherwise

Conference Schedule

Friday September 13, 2024

FRIDAY KEYNOTE: 8:30 - 10:00 Linda Thai Nostalgia, the Pain of Going Home: The Ambiguous Grief of Adult Children of Refugees and Immigrants							
TRACK	Parent & Caregiver	Sensory / OT	Intermediate Professional	Advanced Clinical	Multidiscipline	Child Welfare	Medical
SESSION 4 10:15-11:45	Connecting with Compassion: Storytelling for Caregivers and Parents <i>B. Smith</i>	Polyvagal Informed Sensory and Somatic Practices <i>Murnan Stackhouse</i>	Sociometry-Based Talking Circle <i>Thai</i>	Family-based EMDR treatment for traumatized children <i>Yoelin-Allen</i>	Family Connects Model: An Interdisciplinary Approach For Healing Trauma <i>Woodruff, Stavdal, Salort</i>	Leadership in Child Welfare Integration <i>Smith</i>	Exploring New Ways to Reach and Engage Parents in Parenting Programs <i>Holzman</i>
SESSION 5 1:00-2:30	Healing and Understanding Attachment, Trauma and the Brain in the Hispanic Culture <i>Salcedo & Estrello</i>		Healing Deep Trauma Through a Child's Love Languages <i>Sells</i>	Addiction and Trauma: Going Down the Rabbit Hole <i>Stewart</i>		From Trauma Informed to Trauma Responsive <i>Badeau & Cabrera</i>	
SESSION 6 3:00-4:30	The Life Raft of Intimate Relationship: Saving Yourself Through Attachment <i>Garza & Randall</i>		Integrating Yoga to Create Attachment <i>Brace</i>	Curating Wellness through Play <i>Peterson</i>		Safe and Soft Space for Secondary Trauma Release <i>Alvarado</i>	

Workshops eligible for NBCC, NASW, AMA/ANCC/ACPE/APA/ASWB except where specifically indicated otherwise

Conference Schedule

Saturday September 14, 2024

TRACK	Parent & Caregiver	Sensory / OT	Intermediate Professional	Advanced Clinical	Multidiscipline	Child Welfare	Medical
SESSION 7 8:30-10:00	Attachment Through the Years: A Theraplay Approach to Parenting <i>Konrath</i>	Enhancing Therapeutic Use of Self <i>Taggart, Martinez, & Garcia</i>	Attachment Communications Training <i>Levy</i>	Showcasing Pesso-Boyden System Psychomotor to Heal Disrupted Attachment <i>Thai</i>	The Belonging Need <i>Elmore</i>	Promoting Hope & Healing through Therapeutic Parenting Strategies <i>Davis Brown & Maynard</i>	Multidisciplinary Assessment of Children with Trauma and Developmental Concerns <i>Zik, Berkowitz, Lott, Yaroni, Ford</i>
SESSION 8 10:15-11:45	Living with Attachment <i>Neumann</i>	Life in Lycra: The Power of Lycra as a Healing Modality <i>Stavdal & Oetter</i>		Consultation in Attachment Focused Treatment: Dyadic Developmental Psychotherapy <i>Clark & Blugerman</i>			Impacts of Perinatal Substance Exposure <i>Wells, Berkowitz, Gomez</i>
SESSION 9 1:00-2:30	Sibling Emotional and Physical Harm <i>Land</i>		Donor Conception & Attachment <i>Wardle & De Grandi</i>		Overcoming Adulthood & Ableism: Intersectional, Anti-Oppressive Approaches to Youth Mental Health <i>Tanh</i>	Addressing trauma, attachment, and building resilience in court-involved youth <i>Guido & Brookman</i>	A Multidisciplinary, Longitudinal Follow Up Clinic for Abusive Head Trauma <i>Chiesa, Connery, Guess, Jacobs</i>
CLOSING KEYNOTE: 3:00 - 4:30 Dr. Robert Sege Spreading HOPE, Healthy Outcomes from Positive Experiences							

Workshops eligible for NBCC, NASW, AMA/ANCC/ACPE/APA/ASWB except where specifically indicated otherwise

THURSDAY SEPTEMBER 12

7:30 AM	REGISTRATION OPENS
8:00 AM	EXHIBIT HALL OPENS
8:30 AM - 10:00 AM	WELCOME & OPENING KEYNOTE
10:15 AM - 11:45 PM	SESSION 1 WORKSHOPS
11:45 AM - 1:00 PM	LUNCH BREAK (ON YOUR OWN)
1:00 PM - 2:30 PM	SESSION 2 WORKSHOPS
2:30 PM - 3:00 PM	AFTERNOON BREAK
3:00 PM - 4:30 PM	SESSION 3 WORKSHOPS
4:45 PM - 5:30 PM	PARENT/CAREGIVER DEBRIEFING
5:00 PM	EXHIBIT HALL CLOSES
5:30 PM	WELCOME RECEPTION

WORKSHOPS ELIGIBLE FOR NBCC, NASW, AMA/ANCC/ACPE/APA/ASWB EXCEPT WHERE SPECIFICALLY INDICATED OTHERWISE

Session 1 | 10:15 AM- 11:45 AM

1A: Trust-Based Relational Intervention® (TBRI®) Immersion Experience, Parent Track No CE hours. Let's play together as we immerse ourselves in TBRI®! We will explore the impact of trauma on the Brain, Body, Biology, Beliefs, and Behaviors and tools to support holistic healing through experiential activities and discussion. TBRI® is an attachment-based, trauma-informed intervention designed to meet the complex needs of children who have experienced trauma. **Learning Objectives:** 1) Identify and recognize how trauma impacts the Brain, Body, Biology, Beliefs, and Behaviors; 2) Identify and differentiate between unmet sensory needs and manipulative/defiant looking behaviors; 3) Practice strategies to meet sensory and regulation needs; 4) Practice and develop proactive strategies to address behaviors and support healthy relational skills.

Jill Crewes, MSW, TBRI Educator, Practitioner, & Mentor | All God's Children International | Colorado

1B: 1-2-3 RESET™: Bridging the Gap for Student Success, Sensorimotor/OT Track, 1.5 CE Hours. *Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs.* This presentation introduces participants to 1-2-3 RESET™, a trauma-sensitive framework that integrates evidence-based strategies to promote students' ability to successfully engage in classroom learning activities and positive social interactions. Participants will learn easy-to-implement strategies while exploring the 5 principles of 1-2-3 RESET™: Relationship, Environment, Self-Regulation, Empowerment, and Task. **Learning Objectives:** 1) Describe 3 areas in which childhood trauma impacts school functioning; 2) Identify the 5 component of the 1-2-3 RESET™ framework and describe how these support student success; 3) Identify at least one strategy to use to support students with trauma histories for each of the 5 components of the 1-2-3 RESET™ framework.

Heather Schmidt, MS, OTR/L | 1-2-3 RESET™ | Minnesota

1C: Understanding Ambiguous Loss and Navigating Ambiguous Grief, Intermediate Professional Track, 1.5 CE Hours. *Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs.* Ambiguous loss is loss that may appear unclear and feel like something invisible has been taken. Ambiguous grief emerges after the loss and is often misunderstood. This workshop introduces the concept of ambiguous loss, the resulting ambiguous grief and offers a framework for understanding and providing strategies for healing. **Learning Objectives:** 1) Define Ambiguous Loss and identify its characteristics and forms 2) Identify how and where ambiguous loss shows up in our own lives and those we serve; 3) Define ambiguous grief and list 4 signs of it and strategies to manage the unique challenges posed by its ambiguity; 4) Recite at least four clinical strategies that can be utilized to prevent and manage the impact of Ambiguous Grief; 5) Identify the relationship between ambiguous loss and adoption.

Janice Goldwater, Janice Goldwater, LCSW-C, Coach, Therapist, Organizational Consultant | Maryland

1 & 2D: Addressing Aggression, Harm within the Family and Neurodiversity with Non-violent Resistance Therapy, Advanced Clinical Track, 10:15 am - 2:30 pm with break, 3 CE Hours., *Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs.* Mary-Jo Land discusses childhood aggression towards family and its effects on parents, parenting, and sibling well-being. Maude Champagne presents findings on aggression in neurodiverse/FASD children. Dan Dulberger discusses Non-Violent Resistance therapy (NVR) as a modality for families dealing with self-harm and aggression. Melissa Blau discusses outcomes from DePaul Community Resources NVR program for foster adoption. **Learning Objectives:** 1) Describe the effects on families of childhood and adolescent aggression towards family members; 2) Identify the intersectionality of neuro-diversity / FASD and childhood aggression 3) Explain the basic tenets of NVR therapy and practice and its 7 overarching phases of NVR therapy 4) Evaluate the indications and contraindications for NVR therapy 5) Outline the steps for development of NVR therapeutic practice competency.

Dan Dulberger, RMFT-SM | Centre for Non-Violent Resistance Therapy and Practice | Calgary

Mary-Jo Land, Registered Psychotherapist | Private Practice | Ontario

Melissa Blau, LCSW | DePaul Community Resources | Virginia

Maude Champagne, PhD | Quebec

1E: Birth Trauma and Attachment: Themes and Skills for Professionals, Multidiscipline Track, 1.5 CE Hours, *Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs.* This presentation will offer didactic information and experiential skill building for the professional interested in preventing and treatment of birth trauma. Part 1 presents themes in birth trauma and the parent-baby dyad with a focus on attachment and connection for new parents. Part 2 offers skills in 5 main clinical categories.

Learning Objectives: 1) Identify Trauma Vectors in Traumatic Birth/Birth Trauma in a Modern Birth Setting; 2) Develop Practitioner Skills in Five Main Categories: Presence, Relationship, Listening, Recognition, Conversation; 3) Apply Positive Somatic States in Birthing Parents Through a Coherent, Resonant Relational Field; 4) Apply Basic Practices to the Parent-Baby Dyad to Support Co-regulation and Secure Attachment; 5) Demonstrate Awareness and Integration of Health and Healing in Birthing Parents After Traumatic Birth

Kate White, MA, BCBMT, RCST, CEIM, SEP, PPNE, PLC | Center for Prenatal and Perinatal Programs | Virginia



1F: Evidence-Based Training Reduces Placement Disruption for Prenatally Exposed Kids, *Child Welfare Track*, 1.5 CE Hours, *Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs.* The vast majority of children in foster care have been prenatally exposed to alcohol/ drugs. This exposure often results in lifetime behavioral challenges, contributing to a significantly increased risk of placement disruption. We will discuss symptoms of exposure by age, best practices, and the results of two randomized control trials.

Learning Objectives: 1) Identify 3 symptoms of prenatal exposure to alcohol and drugs for the following ages: preschool, school-aged, and adolescence; 2) Explain why traditional parenting techniques are often ineffective with prenatally exposed children; 3) Explain why children/youth with prenatal substance exposure are more likely to have placement disruptions; 4) List 3 reasons it is imperative for professionals to recognize children who have been prenatally exposed and to better support families raising them; 5) List 3 techniques they can share with parents to address lying, which is a common behavior in children with alcohol and drug exposure.

Sarah Moser, MS Ed | *Creating a Family | North Carolina*

1 & 2G: Laying a Foundation for Understanding Developmental Trauma and Attachment, *Foundations Track*, 10:15 am - 2:30 pm with break, No CE Hours. This session provides an excellent foundation for those new to attachment and trauma, or refresher for others, forming a base for understanding workshops throughout the conference. In this conference-special mini-version of the popular training offered by ATTACH year-round you'll learn basics about attachment and trauma, associated behaviors and strategies for attachment-focused parenting. **Learning Objectives:** 1) Define Attachment and describe why it is important 2) Define Developmental Trauma and how it impacts attachment and development; 3) Describe Window of Tolerance and arousal levels associated with survival mechanisms in the brain; 4) Describe the behaviors associated with Attachment difficulties and developmental trauma; 5) Describe and gain skills in implementing at least 3 attachment-focused, trauma-responsive parenting techniques.

Sue Badeau, ATTACH Board of Directors & National Trauma Expert | North Carolina

Session 2 | 1:00 PM- 2:30 PM

2A: Child Problem Sexual Behaviors: Are Violence and Porn Exposure an Influence? *Parent/Caregiver Track*, No CE Hours. Appropriate for caregivers and professionals; awareness of up-to-date info about problem sexual behaviors (PSB) in children is crucial. We'll discuss PSB myths & facts, research on what drives PSB, along with best-practice information on proven treatments and resources for preventing and responding to PSB in children.

Learning Objectives: 1) Differentiate typical, from concerning, and non-typical sexual behaviors in children under twelve; 2) Recognize potential causes and risk factors for problem sexual behavior (PSB); 3) Apply information from research about effects of exposure to violence and graphic online sexual content for youth; 4) Outline key elements for effective treatment of problem sexual behaviors in children; 5) List helpful resources for caregivers and professionals assisting children exhibiting PSB.

Roy Van Tassell, MS, LPC-S, Director Trauma and Evidence-Based Interventions | Centene | Oklahoma



My clients are the best people in the world

They care so deeply for their adopted children.

Every day they hold the complex nuances that being an adoptive family presents. And they reach deeply in to their hearts and minds to tap every aspect of their resources to be the parents their children need.



They see the loss and possible trauma.

They know they need to offer their kids more - more attachment, more comfort, more caring, more structure, more support, more unconditional love.



They know what they don't know.

- They're looking for
- attachment and development based adoption- and trauma-informed guidance
 - help figuring out what to do when things get rough.
 - support to create more connected moments that last longer and heal deeply



They ask for help.

From me - as another adoptive parent who's been there - for information, coaching, compassion, comfort, and validation.



They come to me from you.

Thank you to all the referral organizations and therapists for the absolute privilege and honor of walking alongside these marvelous people on their adoptive parenting journey so that all our children can grow and thrive.

www.saracoleparentcoach.com



FOUR PROGRAMS, ONE MISSION:

Improving the Lives of Children, Youth, Young Adults and Their Families

The James Barry-Robinson Institute has been serving the community since 1933. Our program areas include:

- The Barry Robinson Center** - premier residential treatment program committed to serving only military-connected youth
- JBRI Foster Care Services** - agency providing treatment foster care in southeastern Virginia since 1995
- JBRI Outpatient Services** - programs offering substance use treatment for teens and young adults
- Next Step To Success** - enrichment program to help Norfolk youth prepare for successful lives as adults



2B: Autism and Trauma, Sensorimotor/OT Track, 1.5 CE Hours *Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs.* Much research exists in the world of trauma as well as research in autism, but it is fairly recent that researchers have been investigating how these two worlds converge. When trauma occurs in autistics, the experience is different and adaptations are necessary for both assessment and intervention. **Learning Objectives:** 1) Identify 5 key points in Autism that exacerbates trauma experiences; 2) Apply the key of "safety first" in both assessment and intervention; 3) List at least 5 activities that would be impactful in trauma informed care with autistics.

Maude Le Roux, OTR/L, SIPT, DIR/Floortime Expert Trainer | ATTACH & Maude Le Roux Academy | Pennsylvania

2 & 3C: Techniques for healing attachment trauma through an interpersonal neurobiology lens, Intermediate Professional Track, 1:00 pm - 4:30 pm with break, 3 CE Hours. *Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs.* This workshop will provide professionals with techniques and tools for healing attachment trauma through the lens of interpersonal neurobiology. Exercises are provided for; identifying patterns and shifting toward inner security, as well as helping them develop more integration and emotional regulation skills. These clinically useful strategies are evidence based. **Learning Objectives:** 1) Describe, using cutting edge neurobiological research, how clients can rewire their brains to feel more secure; 2) Apply step by step guidelines for how to help clients develop a coherent narrative for their life; 3) Discuss a framework for helping clients resolve childhood traumas; 4) Apply healthy emotional regulation skills; 5) Assess a client's attachment orientation.

Lisa Firestone, PhD | Glendon Association | California

2 & 3E: Integrative Approaches: Creating a Corrective Attachment Experience for Trauma-Affected Children, Multidiscipline Track, 1:00 pm - 4:30 pm with break, 3 CE Hours. *Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs.* This workshop presents foundational elements of the WPW Reparative Parenting Approach and the integration of the Safe and Sound Protocol. Provides a neurodevelopmental framework from which to comprehend the impact of trauma on a child's brain, and tools/strategies to create a corrective attachment experience to help children heal and thrive. **Learning Objectives:** 1) Summarize the role of the parent in the shared LifeSpace to teach and coach the familial, cultural, and universal social contract; 2) Identify the sensitive periods of neurodevelopment and describe the corresponding invisible injuries sustained in response to trauma; 3) Explain the six actions of the reparative parent that aid in the development of a corrective attachment experience for a trauma-affected child; 4) Recognize the distinctions between cues of safety and cues of threat when interacting with trauma-affected children; 5) Describe four factors that indicate a child's suitability and readiness for participation with the SSP auditory intervention program.

Kate Messina, PhD, LCSW | Wisdom Path Way Institute | California

Kelly Beins, OTR | Unyte-iLs | Toronto

2F: Trauma Responsive Approach in Court, Child Welfare Track, 1.5 CE Hours. *Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs.* Litigants of all ages have experienced trauma. Court systems must recognize this fact and mold the courtroom experience to ameliorate the harm caused. Learners will examine existing court systems and design one that is trauma informed. Learners will reflect on how to change systems and better serve participants. **Learning Objectives:** 1) Identify and list current system practices that dysregulate participants and cause harm; 2) Describe how subtle cues that are present in most court systems cause overstimulation and often lead to dysfunction and dysregulation in the courtroom setting and beyond. 3) Analyze, select, and plan for the implementation of effective courthouse/courtroom practices that are designed to mitigate harm and to give litigants what they need to avoid harm.

John Robert Lowenbach, JD, Child Welfare Specialist, Senior District Court Judge | J. Robert Lowenbach Consulting | Colorado

Laurie Clark, JD | Denver Juvenile Court Judge & Adjunct Professor at University of Denver Sturm College of Law | Colorado

Session 3 | 3:00 PM- 4:30 PM

3A: Fathering in the Trenches: a Panel Discussion for Dads, Parent/Caregiver Track, No CE Hours. Fathers play a crucial role in child development, positively impacting various aspects of their lives. They serve as a protective shield for the family, buffering against secondary trauma and parental burnout. However, societal norms and personal experiences may hinder their influence. This panel seeks to address these challenges and explore opportunities for fostering healing within our families. **Learning Objectives:** 1) Identify the common challenges fathers face that block care; 2) Define the significance of the role fathers have in healing children with trauma and attachment challenges; 3) Assess connections between the experiences of other fathers to their own experiences.

Tom Jones,
Gaelin Elmore, Gaelin Speaks LLC Owner/CEO

3B: Coaching the Caregiver through the DIRFloortime Model, Sensorimotor/OT Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. DIRFloortime is uniquely focused on individual differences (trauma history, sensory processing, social system), social-emotional development, and relationships. Utilizing caregiver coaching within DIRFloortime to help caregivers understand the individual profile of their child and themselves can have a profound impact on developing a healthy relationship and connection between child & caregiver. **Learning Objectives:** 1) Summarize the DIRFloortime model and its applications to trauma and attachment; 2) Develop a plan/strategy to support caregiver participation and connection with the child; 3) Contrast/compare the individual differences/profile of the caregiver and child to support development of a solid, trusting, secure relationship; 4) Recognize the importance of the relationship between the caregiver and child, goodness of fit between the caregiver and child, and the importance of therapeutic use of self (of the caregiver)

Amy Lowell, MS, OTR/L, DIR-Expert | Children's Hospital Colorado | Colorado

3D: It's a Girl Thing: Understanding Adolescent Girls Mental Health and Implementing Effective Treatment Strategies, Advanced Clinical Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Adolescents have reported an increase in mental health challenges, and girls have fared worse than boys across all measures. This webinar will explore the current mental health issues and trends in adolescent girls are presenting with in both research and a clinical setting, as well as best treatment practices. **Learning Objectives:** 1) Identify and describe current issues plaguing adolescent girls; 2) Describe ways in which adolescent girls present differently than adolescent boys; 3) Identify 3-5 evidence-based modalities that have been shown to be beneficial for the treatment of adolescent girls.

Joanne Coddington, EdD, NCC, LPC, LCMHCS, LCAS, RYT | New Vision Wilderness Therapy | Wisconsin



3F: The Brutal Truth: Unfiltered Realities of Youth Exiting Foster Care, Child Welfare Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Reimagine a Youth Well-Being System that values and respects youth voice and co-creates lasting connections for youth transitioning out of foster care and it's time to revolutionize child welfare, starting with our transformation. Join the youth movement co-creating lasting connections and learn strategies supported by research and lived experiences for impactful change. **Learning Objectives:** 1) Examine the misconceptions regarding youth well-being perpetuated within the system; 2) Describe the power of authentic connections and the importance of honoring youth voices. 3) Evaluate our approach and proximity to the youth we serve as a foundational step towards systemic transformation.

Dr. Elizabeth Wynter, PhD | Author & Child Welfare Consultant | Florida

3G: The story behind the smile: What former foster youth want you to know about life in and after foster care, Foundations Track, No CE Hours. Less than 3% of former foster youth will earn a bachelor's degree. This workshop will share the stories of more than 60 former foster youth, enrolled in a college or university in Texas. Learn what obstacles they encountered and the recommendations they have for all involved with foster youth. **Learning Objectives:** 1) State 3-5 challenges youth encounter through their educational journal; 2) Describe the ways in which trauma impacts academic achievement; 3) Identify ways to support foster and former foster youth enrolled in college.

Brenda Morton, EdD Associate Professor | University of Mary Hardin-Baylor | Oregon



At **The Recovery Center USA** and **Aspire Day School**, our mission is to provide compassionate and comprehensive behavioral health services to individuals and families in need. Through empathy and understanding, we strive to create a safe and supportive environment that promotes healing and wellness for all those we serve. Our goal is to be the leading provider of mental health care in our communities, helping individuals achieve long-term recovery and a better quality of life. We are motivated by bridging gaps in services for underserved and underrepresented individuals. We believe community is at the heart of recovery and collaborating with healthcare providers and community stakeholders helps us provide holistic care to the communities we serve.

Visit **The Recovery Center USA** at www.therecoverycenterusa.com and www.aspiredayschool.org to learn more about how we encourage positive transformations for those struggling with substance use disorder, and mental, and behavioral health challenges. Connect with us to learn more about our mission to provide compassionate and comprehensive behavioral health services to individuals and families in need.

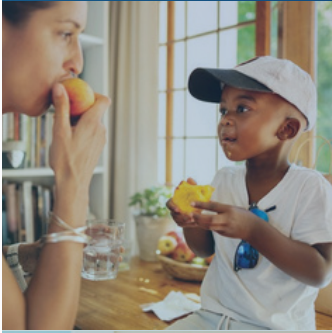


ASPIRE DAY SCHOOL



30+
Years of
experience.

60K+
Trauma-
informed care
trainings.



270K+
Children trusted
to our care.



21
States'
children
served.

Expert training.
Expert specialists.
Expert care.



Centene Corporation is the top managed care organization in child welfare services. Serving more than 270,000 children in 21 states, we deliver excellent service with our Centene Families and Futures model. Our commitment to whole health with a focus on individual needs helps us provide for each person in our care.

Learn more at [CenteneFosterCare.com](https://www.CenteneFosterCare.com).

7:30 AM	REGISTRATION OPENS
8:00 AM	EXHIBIT HALL OPENS
8:30 AM - 10:00 AM	FRIDAY KEYNOTE
10:00 AM - 10:15 AM	MORNING BREAK
10:15 AM - 11:45 AM	SESSION 4 WORKSHOPS
11:45 AM - 1:00 PM	LUNCH (PROVIDED) & PANEL
1:00 PM - 2:30 PM	SESSION 5 WORKSHOPS
2:30 PM - 3:00 PM	AFTERNOON BREAK
3:00 PM - 4:30 PM	SESSION 6 WORKSHOPS
4:45 PM - 5:30 PM	PARENT/CAREGIVER DEBRIEFING
5:00 PM	EXHIBIT HALL CLOSES
6:00 PM - 8:00PM	PARENT/CAREGIVER SOCIAL EVENT

WORKSHOPS ELIGIBLE FOR NBCC, NASW, AMA/ANCC/ACPE/APA/ASWB EXCEPT WHERE SPECIFICALLY INDICATED OTHERWISE

Session 4 | 10:15 AM- 11:45 AM

4A: Connecting with Compassion: Storytelling for Caregivers and Parents, Parent/Caregiver Track, No CE Hours. "Connecting with Compassion" is a workshop designed to help caregivers and parents harness the emotional impact of storytelling. Learn how to communicate with empathy, strengthen bonds with your children, and connect with fellow parents on a deeper level. This session empowers you to navigate the challenges of parenthood with compassion and support. **Learning Objectives:** 1) Motivate: Leave the workshop motivated and inspired to incorporate storytelling techniques into everyday parenting experiences; 2) Apply: Apply effective storytelling techniques to communicate personal experiences and emotions in the context of parenting; 3) Demonstrate sensitivity to the emotional aspects of storytelling and its impact on caregivers. 4) Demonstrate active listening skills and empathetic engagement when interacting with others' stories.

Barbara H. Smith, MS-Management | BHS & Associates | Virginia

4 & 5B: Polyvagal Informed Sensory and Somatic (body based) Practices, Sensorimotor/OT Track, 10:15 am - 2:30 pm with break, 3 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Explore Polyvagal Theory (PVT). Gain insights into the autonomic nervous system's role in children with developmental trauma. Learn about neuroception and how it contributes to our sense of safety as a foundation of regulation. Understand the polyvagal states and co-regulation as key principles. Use PVT to understand relational and sensory-somatic practices for use in therapy and daily life. **Learning Objectives:** 1) Practice a therapeutic presence using sensory and somatic strategies, fostering deeper connections and trust between therapists, parents, and children in the healing process; 2) Utilize practical tools and techniques derived from sensory-somatic approaches, promoting a collaborative and supportive atmosphere for children's continued emotional regulation and resilience; 3) Evaluate how the autonomic nervous system impacts children with developmental trauma, fostering a deeper understanding of Polyvagal Theory; 4) Apply practical applications of Polyvagal Theory to customize therapeutic approaches, actively promoting regulation and relational well-being in children; 5) Develop tools and techniques for creating a nurturing and trauma-sensitive environment, empowering therapists and parents to actively support children with developmental trauma.

Tracy Murnan Stackhouse, MA, OTR/L | Developmental FX | Colorado

4C: Sociometry-Based Talking Circle, Intermediate Professional Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. This will be a facilitated collaborative learning space, based upon my keynote presentation about adult children of refugees and immigrants, and utilizing sociometrics in order to guide the community conversation. Within the framework of liberation psychology, which challenges traditional Western-based psychology by offering an emancipatory approach to understanding and addressing trauma and oppression among individuals and groups, we will center the voices of those with lived experiences of forced displacement, followed by the voices of immigrants. Those whose homes ceased to exist long before they made the very risky decision to leave also includes queer youth fleeing a conservative family and community; women and children fleeing a domestic violence situation; and those fleeing a strict religious community/cult (religious refugees). In this way, we can learn from our lived experiences of loss and healing, and what helped us to navigate the spaces of transition, acculturation, enculturation, assimilation and marginalization.

Learning Objectives: 1) Apply basic sociometry techniques to detect patterns of relationships among group members in such a way that improves group dynamics, mutual relationships, and facilitates sustainable non-hierarchical co-learning communities; 2) Apply the concepts of liberation psychology by centering the lived experiences of those who have been impacted by forced displacement and engaging in participatory, decolonized and transformative bridges to engage with alternative knowledges and deconstructing power hierarchies; 3) Appraise the conceptualization of refugees beyond the UNHCR definition to encompass multiple trajectories of displacement.

Linda Thai, LMSW ERYT-200 | Linda Thai Coaching & Consulting LLC | Alaska

4D: Family-based EMDR treatment for traumatized children, Advanced Clinical Track, 3 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. EMDR with children and families can be an effective way to process trauma and build attachment in families with traumatized children. We will illustrate developmental considerations for EMDR with children and demonstrate ways to use storytelling and EMDR with children and their families. This training is only for clinicians who have already completed Basic EMDR training. **Learning Objectives:** 1) Identify modifications to using EMDR and therapeutic storytelling with children and their families; 2) Identify ways to prepare the caregiver for the family sessions; 3) Identify ways to introduce EMDR concepts to children

Renée Yoelin-Allen, LCSW RPT-S | RYA Play Therapy | Colorado



4 & 5E: Family Connects Model: An Interdisciplinary Approach For Healing Trauma, Multidiscipline Track, 10:15 am - 2:30 pm with break, 3 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Participants will discover the effectiveness of an integrated, family centered approach that builds capacities for healthy and safe relationships, and meets the sensory and regulation needs of children and caregivers impacted by complex trauma. Family Connects is a collaboration of sensory informed OT's and mental health professionals. **Learning Objectives:** 1) Describe what each profession brings to treatment for children and families experiencing the effects of complex trauma; 2) Identify the structure of the Family Connects Model: weekly group sessions, parent consultations, and family therapy; 3) Apply one or more specific interdisciplinary intervention models to support families impacted by complex trauma; 4) Apply three or more specific activities to support connection and healing.

Meg Woodruff, LMFT | Center for Family Connection | Massachusetts

Jaymie Stavdal, MS, OTR/L | The Koomar Center | Massachusetts

Melanie Salort, OTR/L | Center for Family Connection | Massachusetts

4F: Leadership in Child Welfare Integration, Child Welfare Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. A workshop that supports child welfare transformation by looking at the skills and abilities needed to advance transformative work. **Learning Objectives:** 1) Describe the child welfare and the child welfare system; 2) Identify strategies to build community engagement and collaboration in child welfare; 3) Discuss systems transformation efforts in child welfare; 4) Summarize strategies for integrating behavioral health into the child welfare system; 5) Utilize strategies for integrating juvenile justice into the child welfare system.

Dannette Smith, MSW | Commissioner State of Colorado Behavioral Health Administration | Colorado

4 & 5G: Exploring New Ways to Reach and Engage Parents in Parenting Programs, Medical Track, 10:15 am - 2:30 pm with break, 3 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. While parenting programs are the first line for addressing many early childhood concerns, nearly 65% of families don't receive them and up to 50% disengage. This workshop will discuss lessons learned when adapting a parenting program to improve engagement by being brief, telehealth, and flexible across hospital and school settings. **Learning Objectives:** 1) Demonstrate knowledge of engagement barriers facing parents enrolling in parenting programs; 2) Identify potential adaptations needed to parenting programs to increase engagement; 3) Evaluate challenges and benefits of 3 possible adaptations, including brief programs, telehealth programs, flexible admission programs; 4) Apply engagement techniques to increase group cohesion and engagement in telehealth parenting programs; 5) Determine future directions in adapting parenting programs to better engage families.

Jacob Holzman, PhD | University of Colorado Anschutz School of Medicine | Colorado

11:45 AM - 1:00 PM | Lunch & Panel Discussion | Fighting the 'Fight and Flight': An Adoptee's Lifelong Journey, No CE hours

Join panelists Jessica Larsen and Gail Curran as they delve into a compelling narrative detailing the firsthand journey of an adoptee in search of survival and stability. Jessica will vividly depict the profound impact on her family, recounting their relentless pursuit of treatment, and share insights into their collective quest for peace and stability amidst the turmoil of a physical trauma exacerbated by an overactive stress response system. Prepare to be inspired by this poignant tale of struggle and resilience, tracing Jessica's path to her current state of triumph.

Jessica Larsen | California

Gail Curran, MS, MBA, CEP | Optimal Edu Options | Arizona

Session 5 | 1:00 PM- 2:30 PM

5A: Healing and Understanding Attachment, Trauma and the Brain in the Hispanic Culture, Parent/Caregiver Track, No CE Hours. This workshop will explore and discuss past the definition of attachment in the Hispanic culture. We will look at the concepts of "Rest", "Room", "Relationship", and "Play" concepts and their importance in child development through the caregiver child relationship. **Learning Objectives:** 1) Define "attachment" the lens of Hispanic culture and the appropriate term; 2) Name four concepts of attachment in building a bond of attachment; 3) Recognize 3 impacts of separation in children.

Araceli Salcedo, LPC-S Licensed Professional Counselor | Sunsine's Counseling | Texas

Priscilla Estrello, LMSW, LCDC-I | Cimarron Park Nursing and Rehabilitation | Texas

5C: Healing Deep Trauma Through a Child's Love Languages, Intermediate Professional Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Knowing the child's love language is often the quickest way to heal deep trauma. But unfortunately, professionals or parents may not know what love languages are or how they can heal trauma in a profound way. An intensive video analysis illustrates this process and how you can replicate these same steps. **Learning Objectives:** 1) Define what love languages are and how they are critical to treatment or parenting success; 2) Explain how to quickly locate the child or adolescent's love languages; 3) Apply results into a customized written plan; 4) Summarize how to incorporate and mobilize a family's local community or extended family to be a central part in the written plan.

Scott Sells, Ph.D., MSW | Parenting with Love and Limits | Kansas

5D: Addiction and Trauma: Going Down the Rabbit Hole, Advanced Clinical Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. This workshop aims to provide a concise overview of the interplay between addiction and trauma. When unresolved trauma intersects with addiction, it forms a perilous cycle of pain and dependence. Understanding this relationship is vital for mental health and addiction professionals, as many substance abusers have underlying traumas driving their behaviors. Delving into these connections can lead to more effective treatment strategies, acknowledging the significant link between traumatic experiences and addictive behaviors, and addressing root causes can initiate the path to healing and recovery. **Learning Objectives:** 1) Define addiction and trauma; 2) Describe the brain's role in trauma and addition "brain disease"; 3) Describe and define the addiction loop; 4) Explain 3 types of trauma that are high indicators for addictive behaviors.

Dr. Warrick Stewart, Ed.D, CRC, LPC, LCMHC | Recovery Center of USA, LLC | Georgia

5F: Moving from Trauma-Informed to Trauma-Responsive at the System Level, Child Welfare Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. In recent years, organizations in human services, community organizing, and social justice have emphasized becoming trauma-informed. However, to fully address staff and community needs, moving to systemic trauma-responsiveness is vital. This session defines trauma-responsive organizations and provides leadership strategies to implement resilient approaches across the entire organization effectively. **Learning Objectives:** 1) Identify 3 core qualities of effective leadership in a trauma-informed environment 2) Define critical role of leaders in creating trauma-responsive organizations. Gain skills at implementing at least 2 trauma-responsive leadership strategies 3) Develop at least 2 trauma-responsive leadership strategies 4) Define stages of moving from transforming services to transforming agencies and systems; 5) Creating an action plan managing transformation.

Susan Badeau | ATTACH | North Carolina

Jorge Cabrera, MSW, ACSW | Casey Family Programs | California

Session 6 | 3:00 PM- 4:30 PM

6A: The Life Raft of Intimate Relationship: Saving Yourself Through Attachment, Parent/Caregiver Track, No CE Hours. When your intimate relationships are decimated by the constant need to be available and responsive to your child, and you feel like you are drowning in compassion fatigue and burnout, it is time to save yourself. Lean into powerful attachment principles and find healing in relationships and through experience. **Learning Objectives:** 1) Implement the Integrated Attachment Model- The Caregiver/Seeker Experience/ 2) Identify Compassion Fatigue & PTSD Symptoms for Parents; 3) Apply Specific Attachment Tools to Improve Intimate Relationship.

Nikki Garza, MS, LCSW-S | The Family Intensive Institute | Texas

Kevin Randall, MS | The Family Intensive Institute | Texas

6B: Integrating yoga to create attachment, Sensorimotor/OT Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. This workshop will be experiential as well as give several interventions for parents and professionals using yoga to build attachment and regulate the nervous system. It will provide information on how yoga regulates through polyvagal theory and speak to different yoga interventions for different nervous system states. **Learning Objectives:** 1) Identify 3-5 practical and easy yoga interventions you can use with children or families; 2) Differentiate between the nervous system states and what types of yoga interventions to use; 3) Utilize yoga with clients through experiential practice; 4) Apply concepts of polyvagal theory and body movement to assist in trauma treatment and building resilience.

Darlene Brace, LCSW LAC ACS ADS RYT | Authentic Healing LLC | Colorado

6C: Curating Wellness through Play, Intermediate Professional Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Attune with yourself and others. (This is not play therapy.) This experiential workshop is designed to activate the attachment system, expand understanding of the importance of play, and root knowledge in the science of attachment. Learn theatre improvisation and Interplay structures to enhance wellness and deepen attachment insight. **Learning Objectives:** 1) List 4-6 attachment principles reflected in play activities; 2) Assess various play activities for efficacy in attending to attachment trauma; 3) Describe the brain's response to play activities; 4) Demonstrate at least 3 play activities that are designed to activate the attachment system; 5) Develop a personal or family tool kit of preferred play activities for stress reduction.

Amantha "Amy" Peterson, LCSW, Therapist | Center for Attachment & Trauma Services, Inc | Virginia

6D: Safe and Soft Space for Secondary Trauma Release, Advanced Clinical Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Our unique lived experiences inform everything about the way we live, love, work and play. The intersection of self awareness and healing is undeniable. Safe and Sound practices invite us to land in the space of self awareness as we travel deeper into the realms of sustainable healing from trauma. **Learning Objectives:** 1) Identify 3 practical and effective tools to use prior to each engagement at home and work; 2) Formulate work to unique needs and abilities in the moment; 3) Utilize intention setting to guide the process of secondary trauma release.

Jules Alvarado, MA, LPC | Alvarado Consulting and Treatment Group | Colorado

6E: Culture As Healing: Understanding and Responding to Cultural Needs of Indigenous Families, Multidiscipline Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. This training will cover historical and current experiences that lead to increased trauma in Indigenous populations. Anne will share ways that attendees can connect their Indigenous clients to cultural practices and healing, which has been shown to increase resilience and prevent many current issues in the lives of Indigenous people. **Learning Objectives:** 1) Describe how historical trauma and instances of systemic oppression have led to increased trauma among Indigenous populations; 2) Recognize how access to culture can be inclusively preventative of various forms of victimization, amplify protective factors, and increase resilience in Indigenous people of all ages 3) Implement ways to incorporate access to Indigenous culture for Indigenous participants in their programs.

Anne LaFrinier-Ritchie | Someplace Safe | Minnesota

6F: Building Secure Bonds: A Pathway to Healthy Workplace Relationships, Child Welfare Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. This workshop focuses on secure attachments in the workplace, offering strategies for fostering a supportive culture. Exploring the impact of attachment styles on professional relationships enhances team dynamics, employee belonging, and workplace satisfaction. Participants gain practical tools to cultivate secure attachments, creating a collaborative environment for improved treatment outcomes. **Learning Objectives:** 1) Examine the influence of attachment styles on professional relationships, team dynamics and sense of belonging supported by the use of a self-assessment tool; 2) Identify at least 3 secure-attachment based workplace practices; 3) Define the role of leadership in creating a secure and supportive work environment; 4) Summarize workplace policies that build trust, inclusion and repair utilizing real world examples; 5) Identify at least 2 positive outcomes on staff well-being and how this relates to more positive treatment outcomes.

Jenna Kelly, LCSW, I/ECMH-C, RYT-200 | Chaddock | Colorado

6G: The Chronic Illness Epidemic: The Underestimated Role of Attachment Trauma, Medical Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. 60% of adults have one or more diseases and 43% of children have chronic health problems in the US. Rates are increasing, causes unclear and cures elusive. Adverse experiences in babyhood (ABEs), childhood (ACEs) and childhood relationships (ACREs) identify categories of risk that provide opportunities for prevention and healing. **Learning Objectives:** 1) Recognize 3 risk factors for chronic disease occurring prior to 3 years of age; 2) Identify 2 mechanisms by which adverse experiences shape health; 3) Assess the role of 3 approaches that buffer effects of adversity to potentially reduce risk for chronic conditions later in life; 4) List 3 adverse influences on attachment styles that affect risk for chronic illness and how being informed about trauma helps reduce risk for babies, parents, and future generations; 5) List 2 birth weights (in pounds) that indicate risk and opportunities for repair and prevention.

Veronique P Mead, SEP, PPNP | Chronic Illness Studies | Colorado



SATURDAY SEPTEMBER 14

7:30 AM	REGISTRATION OPENS
8:00 AM	EXHIBIT HALL OPENS
8:30 AM - 10:00 AM	SESSION 7 WORKSHOPS
10:00 AM - 10:15 AM	MORNING BREAK
10:15 AM - 11:45 AM	SESSION 8 WORKSHOPS
11:45 AM - 1:00 PM	LUNCH (ON YOUR OWN)
1:00 PM - 2:30 PM	SESSION 9 WORKSHOPS
2:30 PM - 3:00 PM	AFTERNOON BREAK
3:00 PM	EXHIBIT HALL CLOSES
3:00 PM - 4:30 PM	CLOSING KEYNOTE

WORKSHOPS ELIGIBLE FOR NBCC, NASW, AMA/ANCC/ACPE/APA/ASWB EXCEPT WHERE SPECIFICALLY INDICATED OTHERWISE

Session 7 | 8:30 AM- 10:00 AM

7A: Attachment Through the Years: A Theraplay Approach to Parenting, Parent/Caregiver Track, No CE Hours. In this workshop we will use Theraplay's Four Dimensions of healthy attachment to understand children's needs and behaviors at every age. We will practice activities you can use to strengthen attachment at each stage of development and you will leave with new ways of connecting with your child! **Learning Objectives:** 1) Develop a basic understanding of Attachment; 2) List Theraplay's four dimensions of healthy attachment (Structure, Engagement, Nurture, Challenge); 3) Describe the ways in which each of these dimensions change throughout a child's development; 4) Demonstrate at least 2 activities to strengthen each dimension; 5) Articulate a plan for using Theraplay activities within daily family life.

Elizabeth Konrath, LPC, RPT-S | Healing Together | Colorado

7B: Enhancing Therapeutic Use of Self, Sensorimotor/OT Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. The Therapeutic Use of Self workshop is designed to equip occupational therapy practitioners with skills and techniques to maximize their effectiveness in therapeutic interactions. Grounded in evidence-based principles and practical applications, this workshop delves into the intricacies of utilizing one's personality, presence, and relational skills as powerful tools for facilitating healing and growth in clients. **Learning Objectives:** 1) Identify 2-3 grounding activities for the therapist before a session; 2) Identify 2-3 Recovery activities for the therapist before a session; 3) Identify 2-3 strategies of staying with feeling, congruence of nervous state of child and therapist; 4) Apply 1-2 principles of somatic exercises into a treatment session; 5) Identify 1-2 tips to prevent therapy burnout.

Lara Taggart, Ed.D., OTR/L | Childhelp | Arizona

Jenaye Martinez, OTD | Childhelp | Arizona

Eliza Anise Garcia, LPC, Childhelp | Arizona

7 & 8C: Attachment Communication Training, Intermediate Professional Track, 8:30 am - 11:45 am with break, 3 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Attachment Communication Training (ACT) is a structured, goal-oriented method of learning communication and conflict-management skills, and creating secure attachment in parent-child and adult intimate relationships. It promotes safety, security, support and empathy, mitigates destructive behaviors (criticism, defensiveness, threat), and enhances secure attachment and positive connection. Videos will illustrate ACT with parent-child and adult partners. **Learning Objectives:** 1) Identify and practice the ACT guidelines of sharing and listening; 2) Explain the difference between a therapist-centered and an enactment-based approach to couples therapy; 3) List the specific agreements (i.e., contracts) established prior to starting ACT; 4) Discuss how the Life Script is used in ACT; 5) Demonstrate effective use of ACT with dyads (e.g., adult couples, parent-child).

Dr. Terry M. Levy, PhD | Director, Evergreen Psychotherapy Center | Colorado

7D: Showcase Psychodrama Structures, Advanced Clinical Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Featured in Chapter 18 of The Body Keeps the Score, this session will showcase psychodrama structures from Pessó-Boyden System Psychomotor (PBSP) - a powerful group process for creating deeply satiating, restorative attachment experiences that can be pivotal in healing disrupted and/or inadequate attachment experiences. There will be didactic and short experiential activities that demonstrate PBSP key concepts, and then a video to illustrate this work. **Learning Objectives:** 1) Summarize an overview of the history of psychodrama 2) Explain the foundational concepts of Pessó-Boyden System Psychomotor (PBSP) at the individual, dyadic, and group levels; 3) Apply one foundational PBSP concept individually and in dyads; 4) Critique the application of PBSP to healing disrupted attachment.

Linda Thai, LMSW ERYT-200 | Linda Thai Coaching & Consulting LLC | Alaska

7 & 8E: The Belonging Need, Multidiscipline Track, 8:30 am - 11:45 am with break, 3 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Belonging is a vital component of human flourishing. Youth who have experienced traumatic and adverse situations often lack a sense of belonging, which can hinder their relationships, their ability to accept help, their development, and their future. Through your role, you have a unique opportunity to address the issue by intentionally choosing to meet belonging needs every day. This workshop sheds light on the issue and discusses strategies to go from trauma-informed to belonging implemented. **Learning Objectives:** 1) Describe unique belonging deficit that youth with adverse backgrounds need to navigate/ 2) Explain how to cultivate a culture of belonging utilizing the Core 3; 3) Develop positive difference through the CARE model.

Gaelin Elmore | Gaelin Speaks | Minnesota

7 & 8F: Promoting Hope and Healing Through Therapeutic Parenting Strategies, Child Welfare Track, 8:30 am - 11:45 am with break, 3 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Professionals serving adoption/guardianship families often have limited understanding of the issues contributing to mental health challenges, especially trauma impact, treatment of attachment injury and the effects on development. We will present therapeutic parenting tools and strategies for supporting attachment, attunement and promoting felt safety embedded in the National Adoption Competency Mental Health Training Initiative (NTI). **Learning Objectives:** 1) Demonstrate competence using tools as practiced in this workshop that support attachment, attunement and promote felt safety; 2) List at least 3 interventions that workers can utilize to support attachment, attunement and promote felt safety; 3) Identify at least 4 key competencies for adoption competent child welfare practice and mental health practice addressed by National Adoption Competency Mental Health Training Initiative (NTI) focusing on the impact of trauma and attachment on development, mental health, and behavior.

Lisa Maynard, LMSW, ACSW, TCTSY-F | Center for Adoption Support and Education | Maryland

Edna Davis-Brown, M.P.H. | Consultant | Maryland

Linda Thai, LMSW ERYT-200 | Linda Thai Coaching & Consulting LLC | Alaska

7G: Multidisciplinary Assessment of Children with Trauma and Developmental Concerns, Medical Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Workshop presenting the current foundational understanding of intersections between trauma and developmental delays, gaps within this research/clinical base, current set up and findings of the TASK clinic team (including psychiatry, neuropsychology, occupational therapy, and pediatrics) to address these gaps, and implications for future prevention/treatment interventions. **Learning Objectives:** 1) Recognize gaps in research and resources for children with overlapping presentations of trauma and developmental delay; 2) Describe TASK program approach to multidisciplinary assessment for children with trauma and developmental concerns; 3) Recognize current trends seen within TASK and implications for prevention- and treatment-oriented changes to our current systems.

Jodi Zik, MD | University of Colorado School of Medicine

Steven Berkowitz, MD, Professor in Psychiatry | University of Colorado School of Medicine

Mark Lott, PhD, Pediatric Neuropsychologist/Assistant Clinical Professor | University of Colorado Anschutz Department of Psychiatry

Julie Yaroni, MS, OTR/L, OTD | Children's Hospital Colorado

Rashaan Ford, MD, Assistant Professor of Pediatrics | Children's Hospital Colorado

Session 8 | 10:15 AM- 11:45 AM

8A: Living with Attachment, Parent/Caregiver Track, No CE Hours. This workshop is about my story and my adoption, the truth behind the word attachment in my family, and how we began healing. This is an honest conversation about how I viewed the world and how that affected the way I moved through life. **Learning Objectives:** 1) Describe the feelings held as an adopted child; 2) Describe what attachment can look like through behaviors; 3) Define ways to move forward and find healing.

Anastasia Neumann, Lived Experience Adoptee/ Student | Missouri

8 & 9B: Life in Lycra: The Power of Lycra as a Healing Modality, Sensorimotor/OT Track, 10:15 am - 2:30 pm with break, 3 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. This workshop explores the therapeutic power of Lycra, a versatile, dynamic fabric used by OTs to support postural, social, and emotional outcomes. Participants will develop clinical reasoning using Lycra within a relational approach to support felt safety, regulation, and postural adaptation, specifically in supporting children and families impacted by trauma. **Learning Objectives:** 1) Analyze the properties and affordances of Lycra as a therapeutic modality in the treatment of complex trauma and attachment challenges; 2) Describe the therapeutic impact of Lycra in the clinical areas of felt safety, regulation, and postural adaptation; 3) Apply three or more specific intervention strategies/activities using Lycra to support children and families impacted by trauma.

Jaymie Stavdal, OTR/L | Avanti Therapeutic Projects | Massachusetts

Patti Oetter, OTR/L, FAOTA | Consultant | Ohio

8 & 9D: Consultation in Attachment Focused Treatment: Dyadic Developmental Psychotherapy, Advanced Clinical Track, 10:15 am - 2:30 pm with break, 3 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Participants will present cases/ DVD's for discussion within the framework of DDP and receive consultation, which can be used for certification in Dyadic Developmental Psychotherapy. Phases of treatment and the differential use of components will be presented during case discussion. DVDs, demonstrations, and role-playing will be used. Those wanting to present, contact Mr. Clark two weeks before the workshop.

Learning Objectives: 1) Discuss the application of Dyadic Developmental Psychotherapy principles and components to their clinical work; 2) Demonstrate the principles of Attachment-Focused Family Therapy; 3) Describe how to use the principles, components, and an understanding of the phases of treatment in their clinical work; 4) Demonstrate use of Attachment-Focused Treatment principles and components; 5) Develop treatment plans to consider the phase of treatment and the differential use of components of DDP treatment.

Craig W. Clark, LMFT | Attachment Center of Monterey Bay | California

Michael Blugerman, MSW | Children's Resource and Consultation Center of Ontario | Toronto

8G: Impacts of Perinatal Substance Exposure, Medical Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. This workshop will explore the impacts of perinatal substance use, including the complex interface between caregiver substance misuse and child maltreatment. The impact of adversity on in utero and perinatal brain development including specific impacts of different substances of abuse will be discussed. Finally, implications for policy will be highlighted. **Learning Objectives:** 1) Describe 3 trends related to perinatal substance exposure; 2) Identify 3 ways adversity impacts in utero and perinatal brain development 3) Outline impacts of in utero substance exposures on child developmental outcomes; 4) Describe circumstances of child welfare involvement in cases of prenatal substance exposure; 5) Discuss policy implications related to perinatal substance exposures.

Kathryn Wells, MD, FAAP | Executive Director Kempe Center for the Prevention and Treatment of Child Abuse and Neglect, Professor of Pediatrics, University of CO School of Medicine

Steven Berkowitz, MD | Professor in Psychiatry, University of CO School of Medicine

Evelin Gomez, PhD | Associate Professor of Pediatrics, Kempe Center for the Prevention and Treatment of Child Abuse and Neglect

Session 9 | 1:00 PM- 2:30 PM

9A: Sibling emotional and physical harm, Parent/Caregiver Track, No CE Hours. Sibling emotional and physical harm is very common and under-addressed. In this workshop, we will explore the relevant dynamics and look at strategies for prevention and intervention. We will distinguish between typical sibling rivalry and more harmful interactions and their life-long implications. **Learning Objectives:** 1) Describe the dynamics of sibling emotional and physical harm 2) Create a plan to regain safety when harm is happening 3) Distinguish between protection and escalation 4) List 3 strategies to prevent sibling harm 5) List 3 strategies to intervene in sibling harm.

Mary-Jo Land, Registered Psychotherapist | Private Practice | Calgary

9C: What Do We Really Know About Donor Conception and Attachment?

Intermediate Professional Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Despite the tremendous increase in births via egg, sperm, and embryo donation over the past 40 years, there is limited research into how donor conception impacts attachment. This presentation will explore ways professionals can sensitively address the physical, emotional, and relational issues that may arise as they intersect with donor-conceived families. **Learning Objectives:** 1) Describe the range of currently available assisted reproductive technologies and reasons parents pursue these options for growing their families; 2) Explain the journey of a donor-conceived family as contrasted to natural conception experiences, and recognize the potential impacts on attachment; 3) Utilize current research to inform and improve professional care of donor conceived families; 4) List specific factors to consider when treating family members impacted by donor conception.

Theresa Wardle, LCSW | Cultivation Counseling | Idaho

Mary Jo DeGrandi, MS | Embark Behavioral Health | Vermont

9E: Overcoming Adulthood & Ableism: Intersectional, Anti-Oppressive Approaches to Youth Mental Health, Multidiscipline Track, 1.5 CE Hours.

Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs. Adulthood and ableism uniquely intersect as systems of oppression that contribute to the continuous trauma youth face when engaging in mental healthcare. Understanding the personal manifestations of such systems will make it easier to overcome the challenges of implementing truly trauma-informed care. **Learning Objectives:** 1) Define adulthood, ableism, and intersectionality; 2) Describe manifestations of adulthood and ableism among mental health providers and their impact on youth in care; 3) Formulate a plan to incorporate intersectional, anti-oppressive approaches that enhance youth engagement in care.

Daniel Tanh, LCSW | New York Coalition for Asian American Mental Health | New York

9F: Addressing trauma, attachment, and building resilience in court-involved youth, Child Welfare Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs.

This workshop empowers professionals to advocate for children with attachment and trauma issues in juvenile justice. Topics include understanding trauma's impact, the foster care-to-prison pipeline, post-traumatic reactions seen in juvenile detention facilities, barriers in the system, and implementing a framework of attachment-focused interventions. Ideal for those working with court-involved youth. **Learning Objectives:** 1) Identify the connection between attachment and delinquency; 2) Describe the role that trauma-related reactions and survival coping play in youths' behavioral, emotional, and legal problems; 3) List essential elements of trauma-informed practice to support youth in the juvenile justice system.

Maria Guido, LCSW | Wellness Warrior Group | Pennsylvania

Susan Brookman, MA, NCC, LPC | Wild Pines Counseling, LLC | Pennsylvania

9G: A Multidisciplinary, Longitudinal Follow Up Clinic for Abusive Head Trauma, Medical Track, 1.5 CE Hours. Not eligible for AMA/ANCC/ACPE/APA/ASWB CEs.

This workshop will focus on multidisciplinary, longitudinal follow-up care for abusive head trauma patients. Demographics and outcomes from one of the largest and most comprehensive clinics in the country will be shared. Panelists will describe clinic structure and lessons learned. Case studies will illustrate unique and practical aspects of care. **Learning Objectives:** 1) Describe unique care needs for children who have experienced abusive head trauma; 2) Define the developmental and psychosocial impact of an abusive head trauma diagnosis 3) Discuss collaborative subspecialty care within a multidisciplinary setting 4) Apply clinical expertise to case studies of challenges patient scenarios

Antonia Chiesa, MD | Associate Professor of Pediatrics, University of CO School of Medicine, Kempe Center for the Prevention and Treatment of Child Abuse and Neglect

Ellen Guess, Occupational Therapist II | Children's Hospital Colorado

Char Jacobs, PT | Associate Clinical Manager, Inpatient Physical Therapy, Children's Hospital Colorado



Help your clients living with trauma, attachment and developmental differences.

The Safe and Sound Protocol (SSP)

Become an SSP provider today.

Visit the Unyte Health booth or unyte.com to learn more.



"If you want to improve the world, start by making people feel safer."

— Dr. Stephen Porges, Author of the Polyvagal Theory and Creator of the SSP



Healing professionals, scan this QR code with your phone for a free Polyvagal Theory resource bundle!

FORGING YOUR FUTURE

A Developmental/Experiential recovery program for young men and their families struggling with:



- Pornography Addiction
- Sexual Addiction
- Family Conflict
- Sexual Trauma
- Obsessive Pursuit of "Love"
- Autistic Spectrum Difficulties
- Sexting
- Compulsive Masturbation
- Reactive Attachment and Adoption Issues
- Gaming Addictions
- Co-occurring Mental Health Disorders

(888) 864-0065

Info@WhiteRiverAcademy.com

"Adversity is the refiner's fire that bends iron but tempers steel." Jame E. Faust

Conference Venue

Hyatt Regency Aurora-Denver Conference Center



13200 East 14th Place
Aurora, Colorado 80011 United States

[Click Here to Learn
More and Book Your
Stay Today!](#)

 Click for map link

- [Borealis](#)
- [Panera Bread](#)
- [Smash Burger](#)
- [IHOP](#)
- [The Blazing Bird](#)
- [The Great Greek](#)
- [and More!](#)

 Click for map link

- [Meow Wolf](#)
- [Denver Zoo](#)
- [Denver Museum
of Nature & Science](#)
- [Big Blue Bear](#)

Did you know...

Colorado is our home state? ATTACH was founded in Evergreen, CO in 1989 and has grown to now serve the entire country and international communities!



Welcome to Colorado!

We're thrilled to have you join us in this beautiful state known for its breathtaking landscapes and vibrant culture. While you're here, take some time to explore the area surrounding the hotel.

Whether you're interested in outdoor adventures like hiking in the many nearby trails or exploring the bustling city life, there's something for everyone to enjoy. Dive into local cuisine, discover unique shops, or simply soak in the natural beauty of Colorado.

Make the most of your conference experience by immersing yourself in all that this incredible destination has to offer.

ATTACH Trainings at a Glance



[Click here to Learn More About ATTACH Trainings](#)

Discover our comprehensive suite of Attachment and Trauma training at ATTACH! Whether you're a parent seeking support, a caregiver, an occupational therapist, or any other professional working with children, our trainings are tailored to meet your needs. ***Gain valuable insights, practical strategies, and evidence-based approaches to better support children impacted by trauma and attachment disorders.***

● Hope for Healing

Empower yourself to understand and support children with problem behaviors. Join our intensive online attachment training series designed for parents and caregivers. Gain evidence-based insights and practical strategies to bring hope and healing to the children in your care. Ideal for parents, adoptive parents, foster parents, caregivers, kinship providers, therapists, social workers, educators, and more.

● Hope for Learning

Join us for "Hope for Learning": early intervention trauma- and attachment-focused training designed for early childhood education and childcare professionals. Learn to recognize and address developmental trauma and attachment issues in the classroom and childcare settings. Gain practical intervention strategies, enhance communication with parents and caregivers, and prevent secondary trauma and burnout. Ideal for Headstart & Preschool Teachers, Daycare Teachers & Providers, Early childhood program facilitators, and other professionals interacting with preschool-aged children.

● Treating Developmental Trauma and Attachment in Children (TDTAC)

Join our live, online course, Treating Developmental Trauma and Attachment in Children (TDTAC). Ideal for therapists, clinicians, and school counselors, this 40.25-hour course explores cutting-edge research in Interpersonal Neurobiology. Gain practical skills to support children affected by trauma and attachment issues. Earn CE credits and become eligible for ATTACH mental health clinician registration. Don't miss this chance to advance your practice and make a difference!

● Occupational Therapy Assessment for Attachment and Trauma: Level 1, 2, 3

Discover our three-tiered training series in Attachment and Trauma for pediatric occupational therapy! Level 1 introduces trauma-informed care essentials, Level 2 delves deeper into therapeutic techniques, and Level 3 offers small group workshops on theory and practical application. Each level is designed for Occupational Therapists, OT Assistants, and those in pediatrics and family care. Earn CE credits for each level: Level 1 - 14.5 CE credits, Level 2 - 23.5 CE credits, and Level 3 - 20 CE credits. Elevate your practice and join us for this transformative learning journey!

● ATTACH Parent and Caregiver Support

ATTACH Members can join Parent and Caregiver Support sessions live on Zoom! Connect with fellow caregivers, gain valuable insights, and nurture your parenting journey. Perfect for parents, caregivers, and anyone looking to strengthen their support network and parenting skills. Don't miss out on this opportunity to connect, learn, and grow together!

● ATTACH Virtual Book Club

Join ATTACH for insightful discussions on trauma and attachment. Designed for parents, caregivers, therapists, and educators, this series offers dynamic virtual sessions to explore relevant materials and share insights. Read assigned chapters beforehand and connect with others to deepen your understanding of children's trauma and attachment.

ATTACH Annual Conference

Advertising & Sponsorship Opportunities

Elevate your organization's visibility and impact at the ATTACH Annual Conference!

Secure sponsorship now!

Elevate your organization's visibility and impact by purchasing a sponsorship package at our conference! Showcase your commitment to social responsibility while gaining valuable exposure to professionals and caregivers in the field. Don't miss this opportunity to make a meaningful impact and stand out among industry leaders.

Become an Exhibitor!

Showcase your business to professionals and caregivers, and help create an engaging space for networking and learning. Gain exposure on our website, app, and at the event. Reserve your space now:

6' x 30" Table:

Non-Profit Rate: \$600

Standard Rate: \$750

Optional electrical service available. Join us and make an impact!

[Click Here Learn More About Sponsorship & Exhibitor Opportunities and Make a Difference Today!](#)

Ad Options

Limited ad space! Please submit your application, payment, and electronic file promptly. Accepted formats: jpeg, png, tif, or gif. Choose black/white or color, but beware of distortion when enlarging. Ensure your format matches the ad size precisely for optimal quality. Thank you!

Discover sponsorship packages tailored to meet all levels! With options ranging from \$2,500 to \$50,000, there's a package suitable for every budget and goal.

Your investment will directly empower families through top-tier professional development and training, ensuring that no matter the level, your support makes a significant difference in their lives. See what your sponsorship could get you below:

● ENHANCE BRAND EXPOSURE

Secure digital program ad space to prominently showcase your logo across the digital program, website, and on-site at the conference, maximizing brand visibility.

● MAXIMIZE VISIBILITY

Present at our program and showcase your expertise to our diverse audience.

● ENGAGE DIRECTLY

Stand out with exhibitor tables and engage directly with professionals and caregivers.

● EXTEND YOUR REACH

Leave a lasting impression with promotional items for tote bags, extending your brand's reach.

● EXCLUSIVE BENEFITS

Enjoy complimentary conference admission and a one-year ATTACH membership, accessing exclusive benefits while supporting our mission.

Available sponsorship benefits vary by sponsorship tier.

[Click here to see full sponsorship details.](#)

[Click here to register for a sponsorship](#)

You don't have to sponsor to support! Placing an ad still boosts your visibility and showcases your brand to our diverse audience, enhancing your reach and impact.

[CLICK HERE TO REGISTER](#)

FULL PAGE PRINT SPACE

(\$1,500.00) DIMENSIONS: 7.5" WIDTH X 10" HEIGHT

[CLICK HERE TO REGISTER](#)

1/2 PAGE PRINT SPACE

(\$1,000) DIMENSIONS: 7.5" WIDTH X 5" HEIGHT

[CLICK HERE TO REGISTER](#)

1/4 PAGE PRINT SPACE

(\$700) DIMENSIONS: 7.5" WIDTH X 5" HEIGHT

Continuing Education at ATTACH

Get CE Credits at the ATTACH conference!



Enhance your professional development with accredited continuing education. Instructions to access your certificate will be emailed upon completion. Accreditation varies by jurisdiction, so please verify eligibility with your licensing board. A total of **18 CE credits** are available at the conference. Stay tuned for updates on CE credits for Therapists, Clinicians, Medical Professionals, Social Workers and Occupational Therapists. **Don't miss this opportunity to grow your skills and knowledge!**



ATTACH (Association for Training on Attachment and Trauma in Children) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7481. Programs that do not qualify for NBCC credit are clearly identified. ATTACH (Association for Training on Attachment and Trauma in Children) is solely responsible for all aspects of the programs. NBCC ACEP No. 7481.



This program is Approved by the National Association of Social Workers (Approval # 886914008-4770) for 18 continuing education contact hours.

The following states do not accept National CE Approval Programs:
New Jersey, New York, West Virginia

Optum Health Education™

In support of improving patient care, the Medical Track of the ATTACH 2024: 36th Annual Conference on Childhood Trauma and Attachment has been planned and implemented by Optum Health Education and ATTACH. Optum Health Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team. Up to 12 AMA/ANCC/ACPE/APA/ASWB credits are available. For more information, please visit www.optumhealtheducation.com/attach-conference-2024 and view the Accreditation tab. Credit claiming will be available upon conclusion of the conference on September 14, 2024 and will close on October 15, 2024.

ATTACH

Parent & Caregiver Support Group

A parent and caregiver support group for families to share the joys and challenges of parenting, resources, and information about raising children, especially those living with trauma, attachment, and developmental disorders or mental health concerns and other special needs.

Schedule of Topics

MAY

HOW TO STOP MY CHILD FROM LYING

JUNE

FAMILY VIOLENCE - PART 1

JULY

FAMILY VIOLENCE - PART 2

AUGUST

PEAKS & PITS OF PARENTING

SEPTEMBER

CHILDREN WHO SELF HARM

OCTOBER

CHALLENGES FACING MILITARY FAMILIES

NOVEMBER

PEAKS & PITS OF PARENTING

DECEMBER

NO MEETING



To participate in the next confidential, online Parent & Caregiver Support Group meeting, visit attach.org/portfolio-items/parent-caregiver-support/ for more information.



Become a Member

and receive special conference and training discounts!

Teaching the World to Heal – Together

Being a member of ATTACH supports our work across the U.S. to make trauma and attachment training, workshops and resources available to professionals and families. As an ATTACH member, you will receive discounts to live and online workshops and more. When you are a member of ATTACH, you're joining a coalition of people, professionals, parents, caregivers and families who understand what you're dealing with, and many who have gone through it before.

Your membership is vital in helping ATTACH develop high quality trauma and attachment trainings, workshops and resources that support healthy developmental and wellness outcomes for children and youth of every age.

Explore the different membership options at the link below and join today.

attach.org/membership