



Teaching the World to Heal.

**ATTACH**

Association for Training  
on Trauma and Attachment in Children

# Roots of Safety: An OT's Guide to Attachment and Trauma Foundations

## Self-Paced, On-Demand Course for Occupational Therapists and OTAs

This self-paced, on-demand, four-part course helps OTs and OTAs build a strong, neurobiologically informed understanding of trauma and disrupted attachment. It blends sensory, relational, and psychological perspectives with current research and OT-specific strategies, laying the groundwork for advanced learning in the ATTACH OT Certificate pathway.

**CE Credit: 4.5 Hours - Meets PDU Requirements for NBCOT**

## Self-Paced Learning Now Available

### Flexible & Convenient

Access any time, learn at your own pace and according to your own schedule. *(Course must be completed within 30 days of activation)*

### Accessibility

Access from anywhere in the world with an internet connection.

### Cost-Effective

ATTACH Member: \$131.25  
Non-Member: \$157.50  
*(Prices include processing fees)*

### Self-Paced Learning

Pause, rewind, and review content as needed to enhance comprehension and retention of information.



### HOW IT WORKS

- Register for the Course
- Receive detailed instructions for accessing the video modules.
- Complete pre-recorded content at your own pace.
- Complete the Test: Pass the assessment with an 80% or higher grade.
- Complete the Survey: Provide feedback on the course experience.
- Receive CE Certificate

### LEARNING OBJECTIVES

- Describe key concepts of attachment and developmental trauma as they relate to occupational participation and co-regulation.
- Identify how attachment disruptions and early relational adversity influence sensory, emotional, and behavioral patterns in children.
- Explain the neurobiological processes underlying stress responses, neuroception, and autonomic state shifts in children with trauma histories.
- Differentiate between various survival responses (fight, flight, freeze, collapse) and relate these responses to occupational engagement and regulation needs.

### COURSE DEVELOPER

Maude Le Roux is an international trainer and creator of the Developmental Pathways Model (DPM), with decades of experience supporting children through a whole-child approach. She leads A Total Approach, serves on multiple advisory boards, and is an award-winning advocate in trauma, attachment, and neurodevelopment.

## Contact Us



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