



Teaching the World to Heal.

ATTACH

Association for Training
on Trauma and Attachment in Children

TOGETHER IN CONNECTION: A YEAR OF IMPACT

ANNUAL REPORT



Fiscal Year 2026

July 1, 2025 - June 30, 2026

Mission Statement

**ATTACH equips all communities to
create healthy attachment and support
healing trauma.**

Vision Statement

**ATTACH envisions a world where all
have the capacity for secure human
connection.**



A MESSAGE FROM OUR EXECUTIVE DIRECTOR



Dear Friends, Partners, and Supporters,

Each year, I am reminded that the heart of ATTACH is not simply the work we do—but the lives we touch and the community we build together. As we reflect on this past year, I am filled with deep gratitude for the commitment, compassion, and resilience of everyone who makes our mission possible.

ATTACH exists to support healing, strengthen families, and promote trauma-informed care for children and caregivers impacted by attachment and developmental trauma. This year, we continued to advance that mission in meaningful ways—expanding access to education, strengthening professional training, and creating spaces where families and practitioners can connect, learn, and grow.

We have seen firsthand the transformative power of informed, compassionate care. Through our conferences, webinars, and resources, we have reached a growing audience of dedicated professionals and caregivers who are committed to understanding the complexities of trauma and attachment. Together, we are building a more informed and empathetic network of support for children and families.

None of this work happens in isolation. It is made possible by our members, volunteers, donors, and partners who share in our vision. Your generosity—of time, resources, and expertise—fuels our progress and extends our impact far beyond what we could achieve alone.

At the same time, we recognize that the need for trauma-informed care continues to grow. Families and professionals are navigating increasingly complex challenges, and ATTACH remains committed to meeting them with evidence-based practices, inclusive perspectives, and ongoing innovation.

As we look to the future, we do so with hope and determination. We will continue to expand our reach, strengthen our programs, and advocate for the importance of attachment-focused, trauma-informed care in all systems that serve children and families.

Thank you for standing with us in this vital work. Together, we are making a lasting difference.

With gratitude,

Mary M. McGowan
Executive Director, ATTACH





VALUES

Forever Curious

We always seek to grow, learn, evolve, and deliver what works.



Hopeful

Our work is undergirded by the belief that no one is beyond help and connection.



Inclusive

We're on this journey together and offer compassion to each other.



Excellence

We bring our best, most ethical selves to everything we do.



Stronger Together

We believe in the power of bringing people - clinicians, therapists, professionals, educators, caregivers, and parents - together to learn, grow, and connect.





YEAR IN REVIEW

Major milestones and events of the year

"The highlight of the last year, as a board member of ATTACH, was inviting and accepting young adult professionals to join our board. In 2026, we voted to accept an exceptional young woman. Her name is Jess Larsen. She brings personal experience as an adoptee and is currently in a Master's Program studying Developmental Trauma and hopes to be a therapist, one day.

It is so enlightening to be part of an organization not afraid to expand its mission and vision to evolve and grow." ~**Gail Curran**

JULY - SEPTEMBER



- Launched pilot of New Healing Connections Training curriculum based on our recent publication, *Healing Connections: A Community Approach to Childhood Trauma and Attachment*. Participants joined us from 12 states and 2 countries.
- Our renowned TDTAC course was offered a record number of times during this quarter. This was due to agency wide participation.

OCTOBER - DECEMBER



- Launched one-on-one mentoring sessions for family caregivers.
- Drove higher engagement across newsletter and social media channels by communicating the links between attachment, trauma, and current events.

In 2026, ATTACH welcomed two Young Professionals, Jessica Larsen and Nathan Ross to the ATTACH Board of Directors. They are part of an ongoing initiative to bring in those with lived experience to bring fresh perspectives.

JANUARY - MARCH



- Hosted Young Adult Focus Group- with a diverse group of young adult professionals from around the country. We gained exciting ideas for ATTACH to lean into the future, based upon the strengths, experiences, learning and communication styles of this up-and-coming generation of leaders.
- Developed and launched an all new, fully revised edition of our one-of-a-kind professional training for Occupational Therapists, Roots of Safety.

APRIL - JUNE



- 2026 San Antonio Conference
"The ATTACH Conference is my one can't-miss conference every year! I consistently make new connections, learn new information, and leave re-invigorated and inspired for the work I do. Thank you!" ~**2026 Conference Attendee**
 - GRREC Regional Conference, KY
"This was absolutely the best I've been to, and I've been to plenty. The little gray-haired lady was awesome, and the closing speaker was also great." ~**GRREC Attendee**



PROGRAMS AND IMPACT

Expanding Access. Deepening Impact



Program Highlights

As the statistic highlighted on the next page demonstrates, ATTACH has a broad reach serving professionals from multiple disciplines, caregivers and parents, across the globe. We estimate that each time one individual engages in an ATTACH training series or attends the conference at least 5 others (including their professional colleagues and/or extended family and community members) are impacted. As a result, ATTACH's highly regarded programs support improved outcomes and life opportunities in three broad areas:

1. **Children's health and well-being improve** as they learn to cope with adversity in healthy, resilient ways. Children whose teachers, social workers, therapists, caregivers and parents gain the skills ATTACH offers are better able to regulate emotions, demonstrate self-control, strengthen executive functioning, solve problems, miss fewer school days due to illness, and thrive.
2. **Families' health and well-being improve.** Parents/caregivers feel more confident and equipped to manage their child's needs and their own, and to access services that support the whole family.
3. **Community safety and well being improves** as providers utilize state-of-the-art evidence and experience driven practices while also collaborating more effectively, increasing their capacity to create services, resources, public policies and environments where all children and families thrive.

15

Targeted Training
Events

663

Program Participants

3260

Impact

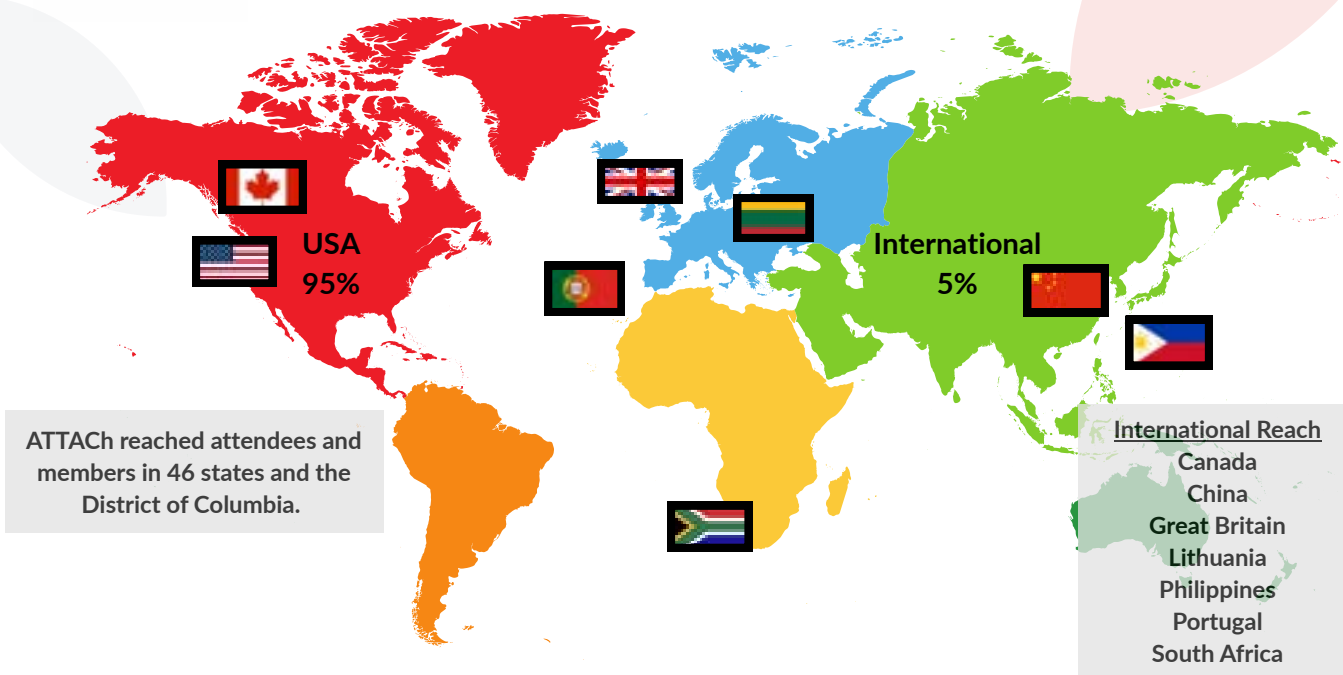
37

On-Demand Training



OUR COMMUNITY

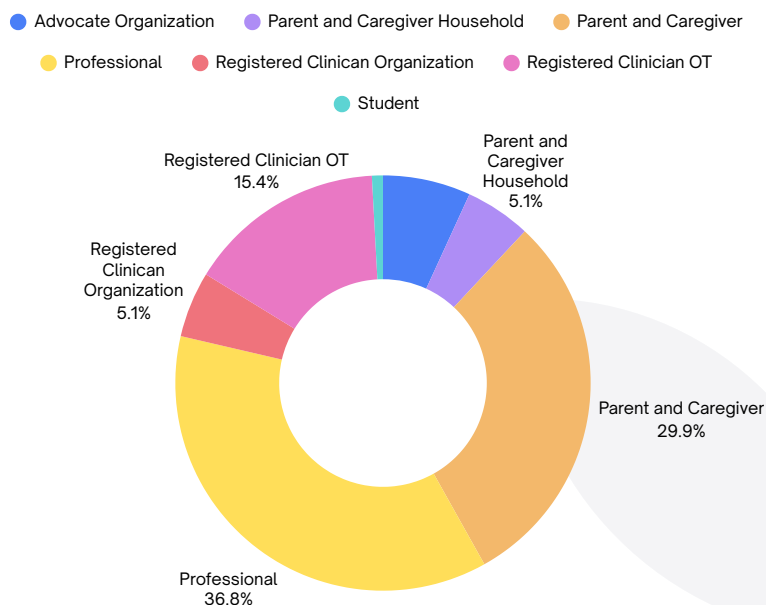
Who We Serve



GENDER IDENTITY

86%	9%
Female	Male
1%	1%
Non-Binary	Other
3%	
Prefer Not to Answer	

OUR MEMBERS



ETHNICITY

83%	4%	1%
Caucasian	Hispanic/Latino	American Indian/Native Alaskan
2%	3%	1%
Asian	African American /Black	Middle Eastern/North African
6%	<1%	<1%
Other/Prefer Not to Answer	Native Hawaiian/Pacific Islander	



ANNUAL CONFERENCE HIGHLIGHTS

Healing Connections: The Heart of the Matter

“One of the highlights of this year’s conference was the welcoming and inclusive atmosphere. From the moment attendees arrived, there was a strong sense of connection and community.

The breakout sessions were also a standout feature, offering a wide range of topics, practical strategies, and engaging discussions that participants could immediately apply in their work and/or lives.

Additionally, the conference was exceptionally well organized. The schedule ran smoothly, communication was clear, and every detail—from registration to the sessions—was thoughtfully planned, contributing to an enjoyable experience.

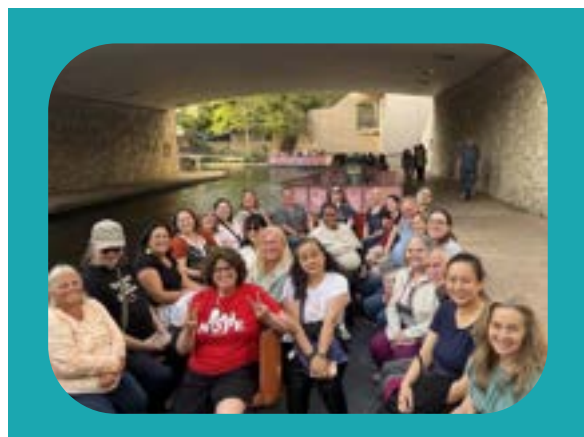
Overall, it was a fantastic conference that provided valuable learning opportunities while fostering meaningful professional connections.” ~Michele Stinnett

“

This event is truly life-changing. I am so glad that I was able to find this resource.

~2026 Conference Attendee

”



Attendees **350**

82% of Conference Attendees were not ATTACH Members!

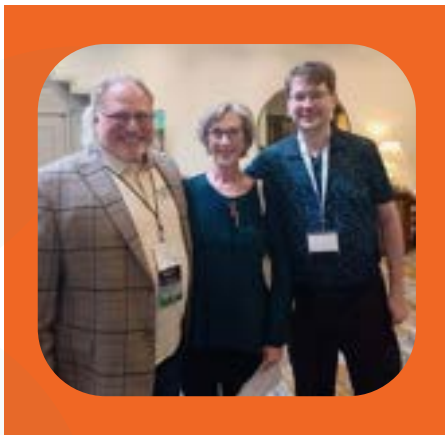
Workshops **58**

Presenters **77**



TESTIMONIALS

“A great training that helped me understand the value that hope, relationships and nurturing experiences can have to create an impactful pathway for a child to grow and feel supported. The time spent, helped me understand how attachment is presented in children and tools to help them succeed in their environment.
~**Early Childcare Teacher**”



“I liked the opportunity to case consult to illustrate the educational concepts in real time and case structures that are applicable in real life. The information presented was excellent.
~**TDTAC Course Participant**”

“To be completely honest, I almost didn't come. As a foster parent caring for six children, evenings can be complicated, and I wasn't sure what to expect. I am very glad I decided to attend.

My children enjoyed themselves, and I appreciated how welcoming and understanding everyone was. The staff helped engage the children, treated them with kindness, and created an environment where families felt comfortable rather than judged. That meant a great deal to me...

Thank you for investing your time and energy into helping families and children who have experienced trauma. It is important work, and it made a difference for us.

~**Foster Parent, GRREC Training, 2026**

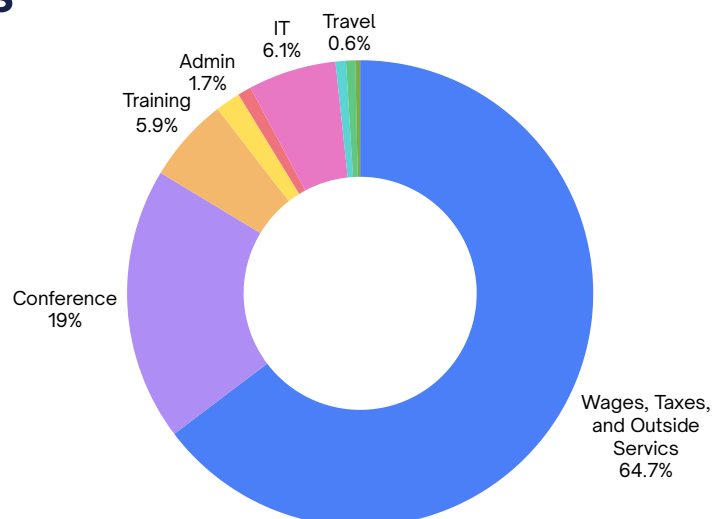


FINANCIAL STANDING

2026 Income		
Source	Actual	Budget
Conference	\$221,263	\$330,350
Training/Book/CD Sales	\$33,597	\$147,201
Membership	\$21,337	\$12,000
Unrestricted Contributions	\$233,325	\$220,637
Restricted Contributions	\$3,891	\$7,600
Total Income	\$513,576	\$717,788

2026 Expenses		
Category	Actual	Budget
Total Expenses	\$475,401	\$557,438
Net Operating Income	\$38,176	\$160,350

Expenses





GRANTS, DONORS, AND SPONSORS

Grants

Charles Schwab
Tracy Family Foundation

Donors

Anonymous Donations
Bakken Family Foundation
Susan Badeau
Church of Christ Norfolk
Community Foundation Schmidt
Gail M. Curran
Nicole Fuglsang
Maude Le Roux Academy Inc.
Aaron McGowan
Mary M. McGowan
Marlene Mestres
Lee Neumann
Shelly Snyder
Wendy & Warren Watson



2026 Conference Sponsors

Chaddock
Centene
National Foster Parent Association
CALO Programs
James Barry Robinson Institute
NEXUS Family Healing
Unyte
Ascent Programs

San Marco Treatment Center
Optimal EDU
Superior HealthCare
Perimeter Health Care
Optum Whole Health Solutions
OPI Houston
Responsive Therapy
Anonymous



STRATEGIC VISION

2026-2027

Engagement & Outreach

- Cultivate a dynamic and inclusive professional community that actively connects, supports, and empowers its members, fostering collaboration, sustainability, and growth. Through increased engagement, we aim to expand our reach and strengthen a trauma-responsive network equipped to serve parents, caregivers, and children with compassion and expertise.

Training & Impact

- Expand access to high-quality, trauma-responsive education by increasing participation in our training programs. Through broader engagement, we strive to equip more professionals, caregivers, and community members with the knowledge and tools needed to support healing and resilience in children and families.

ATTACH began a restructuring process that involves evaluating what we are currently doing and making necessary changes and additions to meet the current needs. We are excited to start rolling out some of our continued work thanks to great feedback

Strengthen Organizational Sustainability

- Secure the future of our mission by expanding fundraising efforts, cultivating strategic partnerships, and increasing visibility through targeted marketing. We are committed to building a resilient organization with the resources and relationships needed to grow our work and reach more families, caregivers, and professionals.

Looking Ahead: 2027 Conference





ATTACH Board, Advisors, and Staff

Officers

Nicole Fuglsang, Board President 2026, CEO Calo Programs, Missouri

Gail Curran, Board Treasurer, Consultant Optimal Edu Options, Rhode Island

Araceli Salcedo, Board Secretary, LPC-S Sunshine's Counseling, Texas

Board Members

Michele Stinnett, Director of Outreach & Business Development- Chaddock, Illinois

Heidi TenPas, Director of Occupational Therapy- Masada Community Health Services, California

Bonnie Butler, CEO Bonnie Butler Coaching, Texas

Jessica Larsen, Clinical Mental Health & Counseling Student, Arizona

Nathan Ross, Co-Founder & CEO, ApricityEQ, Florida

Advisory Committee

Janice Goldwater, Social Worker, Consultant, Private Practice, Maryland

Craig Clark, Psychotherapist, Attachment Center of Monterey Bay, California

Lori Thomas, Counselor Emmaus Family Counseling Center, Virginia

Mary-Jo Land, Registered Psychotherapist, Ontario

Terry Levy, Director Evergreen Psychotherapy Center, Colorado

Jackie Meyer, Therapist Building Blocks Foster Care, Nebraska

Maude Le Roux, Director, A Total Approach, Pennsylvania

Arthur Becker-Weidman, Director Center for Family Development, New York

Wendy Watson, Attorney and Adoptive Parent, Minnesota

Staff

Mary McGowan, Executive Director, Minnesota

Sue Badeau, Training and Advocacy Specialist, North Carolina

Jennifer Thiele, Operations Manager, Minnesota

“ATTACH continues to serve as the professional “home” for occupational therapy practitioners engaged in the vital and delicate work of enriching the daily lives of children, families, and adults affected by trauma and attachment disruptions. This is a unique and unduplicated service to our field, as this is an area of specialty clinical practice requiring advanced professional development that no other organization offers to the degree of depth, breadth, and quality fostered by ATTACH.

When you participate in an ATTACH course or conference, you are accessing way more than “training” -- leaders become mentors, peers become community, theories become practice, and you become more and more of your authentic therapeutic self. These priceless gifts pay themselves forward with each tender step we walk alongside our clients and their support systems on their unique personal path towards lives of meaning, healing, connection, and empowerment.”

~Heidi TenPas, Occupational Therapist

Teaching the World to Heal.



ATTACH

Association for Training
on Trauma and Attachment in Children