

Mapping the Terrain: Attachment and Trauma-Informed Assessment and Clinical Decision Making in OT

Self-Paced, On-Demand Course for Occupational Therapists and OTAs

COURSE OVERVIEW

This next step in the ATTACH OT Certificate pathway focuses on assessment, clinical reasoning, and intentional intervention planning for complex trauma presentations. It supports occupational therapists in translating neurobiological and relational insight into ethical, effective practice. Level 2 is designed for occupational therapists who work with complex developmental histories and want greater confidence in what to assess, what to prioritize, and what to do next. If Level 1 helped you understand why clients respond the way they do, Level 2 helps you decide how to respond, and when.

WHAT YOU WILL LEARN

- Read nervous system states and attachment strategies during assessment
- Interpret OT assessment tools without pathologizing survival responses.
- Develop integrated case formulations that guide treatment decisions.
- Understand the impact of empathy, shame, and resilience on participation.
- Sequence interventions from bottom-up regulation through executive functioning.
- Navigate multiple trauma frameworks while maintaining a strong OT identity.

PREREQUISITES

- Practicing OT or OTA,
- Minimum BA, BS Degree or equivalent (OT students eligible to attend)
- General knowledge and understanding of typical development, including sensory integration practice.
- Completion of ATTACH's Level 1 OT Attachment and Trauma Training

CLASS MATERIAL

Class materials will be provided by CIAO.

TARGET AUDIENCE:

- Occupational Therapists, OT Assistants, others in pediatrics and family care

FORMAT:

- 6-session program | 6 CE credits provided through CIAO Seminars (TM)
- This is a self-paced, on-demand course.
- Special Needs Accommodations - Request at training@attach.org. We will do our best to fulfill your needs.

INSTRUCTIONAL METHODS:

- PowerPoint and Video

COST:

- \$235 ATTACH Members
- \$285 Non-Members

* Cost includes CE certificate. Platform and service fees will be applied at checkout.

COURSE COMPLETION REQUIREMENT:

- Course must be completed within 30 days of activation.

PAYMENT POLICY:

- Payment is due in full at time of registration.



Teaching the World to Heal.

ATTACH

Association for Training
on Trauma and Attachment in Children

LEVEL 2 OT THERAPY ASSESSMENT FOR ATTACHMENT AND TRAUMA

Scan to Register



www.attach.org/training/

Learning Objectives

Session 1: Reading the Nervous System

- Participants will be able to analyze client engagement, avoidance, and regulation patterns during occupational therapy sessions using an attachment- and state-based lens to inform trauma-responsive assessment.

Session 2: Trauma- Informed Assessment Tools & the Therapist as Instrument

- Participants will be able to interpret standardized and non-standardized OT assessment data while accounting for state-dependent functioning and therapist-client relational dynamics.

Session 3: Case Formulation & Treatment Planning

- Participants will be able to develop an integrated, trauma-informed OT case formulation that guides ethical prioritization of intervention goals and treatment planning.

Session 4: Empathy, Shame, and Resilience

- Participants will be able to identify the influence of empathy, shame, and resilience on occupational performance and therapeutic engagement to support attuned and effective intervention planning.

Session 5: From Regulation to Participation

- Participants will be able to select and sequence trauma-informed OT interventions from bottom-up regulation strategies through executive functioning supports based on client readiness and nervous system capacity.

Session 6: Navigating Trauma Frameworks

- Participants will be able to differentiate and integrate trauma and attachment frameworks within occupational therapy scope of practice to maintain coherent, occupation-centered clinical reasoning.

INSTRUCTORS

Maude Le Roux – Maude Le Roux is a global trainer in multiple methodologies and a mentor to therapists from multidisciplinary teams. She opened her practice, A Total Approach in Glen Mills, PA, USA in 2001. Maude started her training career in 2007 and opened her online academy in 2019.



She has designed the Developmental Pathways Model (DPM), which she applies to her own unique assessment and intervention protocol for major diagnosis such as Dyspraxia, ADHD and Executive Functions, Autism, Reading and Writing Disorders, and Trauma and Attachment. Maude served 9 years on the Board of Directors for ATTACH and currently serves on their Advisory Board. She also serves on the Advisory Board for LSWorks (Neuralign program). She is a co-author of two books and more recently wrote a chapter on Trauma and the Body in "Healing Connections" which launched in September 2024. Maude received an award for "Continued child advocacy" through the ATTACH organization in September 2024. She also received the Champion Award through ICDL in November 2024. Maude has a "whole child" approach to care and intervention and equipping the child, while empowering the parent is at the core of who she is as a clinician and trainer.



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Trauma-Informed Assessment and Intervention



CE Credit Provided through:
www.ciaoseminars.com
850-916-8886

CE Credit: 6 Hours

CIAO is an AOTA Approved Provider #4119 (0.6 AOTA CEUs)

CIAO is an AOTA Approved Provider of professional development, AOTA Course approval ID#16818

This course meets PDU requirements for NBCOT (6 PDUs)

CIAO is an Approved Provider for the Florida Board of Occupational Therapy

Approved for:

6 Hrs. Registered with CEBroker for OT/COTAs in AL, AZ, GA, IA, MS, SC, TN
7 Hrs. OT/COTAs in FL (CE Broker #20-1398970)

Applied for:

OT/COTAs in NM

Meets Requirements for:

OT/COTAs in AL, AK, AZ, AR, CA, CO, CT, DE, GA, HI, ID, IA, IN, KS, ME, MD, MA, MI, MN, MS, MO, MT,
NE, NY, NH, NJ, NT, NC, ND, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WY, WY

*Meets Requirements means either this course follows the state rules/regulations for a CE course, or the course is approved by an entity that the state recognizes as approved.

Accreditation of this course does not necessarily imply that the entities approving this continuing education support the views of the presenter or the sponsors.



Meets PDU requirements for NBCOT.



CIAO automatically reports to CE
Broker for Florida Occupational
Therapists and Assistants



Approved Provider

The assignment of AOTA CEUs does not imply endorsement of
specific course content, products, or clinical procedures by AOTA.